



February 4th, 2024

# THE CATHOLIC CHURCH OF **Saint Mark**

1505 Kempsville Rd. • Virginia Beach, VA 23464-7201  
Phone: 757-479-1010 • Fax: 757-479-9453 • Website: [www.stmark-parish.org](http://www.stmark-parish.org)



## 5<sup>th</sup> SUNDAY IN ORDINARY TIME

He told them, “Let us go on to the nearby villages that I may preach there also. For this purpose have I come.” - Mk 1:38

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD.



## “Rooted in the Word...”



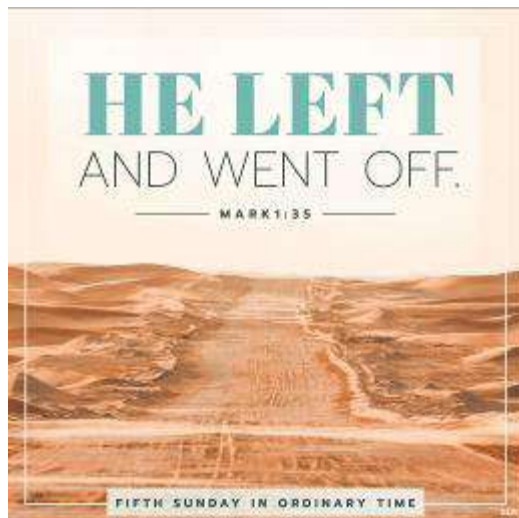
### A Reflection from Deacon John Kren

The readings challenge us this week to pursue Jesus. “Everybody is looking for you.” Job always has been challenged in his life, but never lost his faith in the Lord. He always knew that the Lord was there and that he would never be forgotten. Some days we feel like Job, that our life was a drudgery because all we seem to have pain and misery and pleading to God., God where are you?

Our response should be like the apostles. We can only imagine what they had seen and heard that instilled in them a faith to pursue Jesus into the desert. St. Paul had that faith and found Jesus in the Gospel. Paul challenges us as disciples to preach the Gospel because it has been entrusted to us in our Baptism to give the words of Jesus away, free of charge, to everyone and everywhere.

Simon and the others, having seen and heard Jesus, demonstrated their faith by pursuing Jesus into the most unlikely spaces because that is where Jesus exists. It is a tiring mission that is given to us, but like Jesus, we must pursue prayer. This prayer is our prayer to God, our personal communication of ourselves to the Father.

In the still, quiet, emptiness, we can lose our world; fixed solely on the Lord, we can be consumed as we are in Eucharist.



### Mass Intentions and Daily Readings Fifth Week in Ordinary Time

<b>MONDAY</b> 2/5	<b>Memorial of St. Agatha, Virgin and Martyr</b> 1 Kgs 8:1-7, 9-13; Mk 6:53-56
<b>TUESDAY</b> 2/6	<b>Memorial of St. Paul Miki and Companions, Martyrs</b> 1 Kgs 8:22-23, 27-30; Mk 7:1-13 <b>Cyrilla and Henry Hodge †</b>
<b>WEDNESDAY</b> 2/7	1 Kgs 10:1-10; Mk 7:14-23 <b>Napoleon Cruz †</b> <b>Alice Gueli †</b>
<b>THURSDAY</b> 2/8	1 Kgs 11:4-13; Mk 7:24-30 <b>Bill and Trudy Shofner †</b>
<b>FRIDAY</b> 2/9	1 Kgs 11:29-32; 12:19; Mk 7:31-37
<b>SATURDAY</b> 2/10	<b>Memorial of St. Scholastica, Virgin</b> 1 Kgs 12:26-32; 13:33-34; Mk 8:1-10 <b>Genevieve Kaczynski †</b> <b>Edna Geraldo †</b> <b>Gene Manucol †</b>
<b>SUNDAY</b> 2/11	<b>Sixth Sunday in Ordinary Time</b> Lv 13:1-2, 44-46; 1 Cor 10:31—11:1; Mk 1:40-45 <b>Eugene Hudnall †</b> <b>Sergio Laoang †</b> <b>Coleen Galdon †</b>



Jay Davis, Lori Thompson, Olivia Wiggins, Missy Harris, Corazon Denosta, Armida Valmeo, Nikolas Pakkidis, Jeremiah Macaraeg, Sarada Kapuwatte, Mike Turner, Connie Blanco, Ida Payne, Ryan Steele, Paul Caddies, Molly Kibble, Patricia MacCartney, LaDonya Bradley, Trish Simpson, Billie Dudley, Rose Sunderland, Antonio and Gloria Fernando, Kenneth Delorenzo, Mary Viau, Marilyn Briggs, Alice Haynes, Henry F. Wokling Jr, Mary Patrice Wokling, Dana Reid, Pat Byrne, Joe Bennett, Reynaldo and Virginia Corsino, Margaret Schmidt, Virginia Creencia, John and Patty Allen, Maniya Riddick, Montana Riddick, Mary Kramer, Laura Michon

**Please pray for** the repose of the soul of the following St. Mark parishioner.

**Hazel Fritz**

Let perpetual light shine upon her; may she rest in peace! Keep the Fritz family in your prayers.

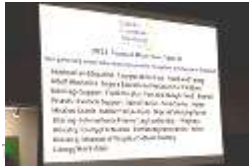
**Mission Statement:** Rooted in the Word...nourished by the Sacraments...Guided by the Holy Spirit...We, the people of St. Mark, are united in our desire to serve those who are in need, to give our gifts and talents...to build the Kingdom of God by imaging Jesus Christ...(Established 1978)



# Nourished by the Sacraments

## 2024 Annual Diocesan Appeal Dinner

Thanks to all who have supported the 2024 Annual Diocesan Appeal and who attended the Virginia Beach Diocesan Appeal Dinner, hosted by the Diocese of Richmond on January 24th. Thanks to all volunteers who assisted in this very special event.



**Children's Liturgy of the Word (CLOW)** manifests the church's hospitality toward children as Christian believers who are called, like everyone else, to grow in their faith through liturgical celebrations.

St. Mark is happy to provide CLOW to the children of St. Mark ages 4-6, or those who have not yet started their sacramental preparation year. Children's Liturgy is provided during the 8:30 and 10:30am Masses.

The Catholic Church of St. Mark needs volunteers to assist the Children's Liturgy ministry! You don't need to have a theology degree, you just need a love for God and His word, and a desire to share that love with our littlest parishioners.

## The St. Mark "Mystery of Our Faith" Friday Focus Series: A Great Success!

St. Mark is grateful to speakers, Fr. Sean Prince, Fr. Michael Renninger and Fr. Shay Auerbach, S. J., who shared powerful in-depth context of all parts of the Mass in light of this year of Eucharistic Revival. Thanks to all in attendance, St. Mark staff and Parish Life volunteers.



## This Week at Saint Mark

February 5th – February 11th, 2024

### MONDAY

7:15pm RCIA Formation/GH/CR/CL/Sanctuary

### TUESDAY

8:30am **Daily Mass/Sanctuary**

12-6:00pm Blood Drive

6:00pm Parish Life Meeting/Library

7:00pm Liturgy Meeting/CR

### WEDNESDAY

10:00am-1:00pm Food Pantry/GH

6:30pm Rosary/Sanctuary

7:00pm **Daily Mass/Sanctuary**

### THURSDAY

6:00am Men of St. Joseph/CR

8:30am **Daily Mass/Sanctuary**

9:00-11:00am PLARN/GH

6-8:00pm Confirmation Session #5/GH

6:30pm J&P World Day of Prayer Against Human Trafficking/Daily Chapel

6:30pm Kof C Officers and Directors Meeting/CR

7:00pm Choir Rehearsal/Sanctuary

### FRIDAY

12:00pm Wisdom Seekers/GH

Y3S - DYC/ Richmond

### SATURDAY

Y3S - DYC/ Richmond

5:30pm **Mass/Sanctuary**

6:45pm Monte Carlo Night/ GH

### SUNDAY

8:30am **Mass/Sanctuary**

10:30am **Mass/Sanctuary with Facebook Live Stream**

12:30-2:00pm Children's Formation/ GH/CL

11:45am Baptism Class/Sanctuary

12:30-2:00pm Children's Formation/Classrooms

Y3S - DYC/ Richmond

## Palm Collection Begins Now

St. Mark is collecting last year's palms for Ash Wednesday to be burned at the Shrove Tuesday, February 13th, 6:00pm Prayer Service. Donate old palms in the basket in the Commons or bring them to the Parish Office after Masses and during regular Parish Office hours.



## Eucharistic Minister Training



Please consider being a Eucharistic Minister. Training for new Eucharistic Ministers will be held February 19, 2024, at 7:00 pm in the church. Current

Eucharistic Ministers are encouraged to attend too. This training will provide instructions and updates for distributing communion and the blood of Christ during selected Masses. If you are interested or have questions, please contact our Eucharistic Minister Coordinator, Diane Hruska at: [hruska.diane@yahoo.com](mailto:hruska.diane@yahoo.com)

# “Building the Kingdom of God by Imaging Christ”

## Justice Peace

For information on our Justice & Peace Ministries visit: [www.stmark-parish.org/ministries/justice-and-peace](http://www.stmark-parish.org/ministries/justice-and-peace), or email [justiceandpeace@stmark-parish.org](mailto:justiceandpeace@stmark-parish.org)



**Foods of Month February:** \$10 Gift Cards/Any item from our Food Pantry List/ Individual Fruit Cups

### Upcoming Justice & Peace Dates:

- Red Cross Blood Drive Tuesday, February 6<sup>th</sup> Noon -5pm
- World Day of Prayer against Human Trafficking Thursday, February 8<sup>th</sup> at 6:30pm in the Sanctuary
- CRS Rice Bowl roll out Shrove Tuesday, February 13<sup>th</sup> 6pm
- Virginia March for Life February 21, 2024
- CAST February 21<sup>st</sup>-28<sup>th</sup>

Contact : [justiceandpeace@stmark-parish.org](mailto:justiceandpeace@stmark-parish.org)  
or call 757-675-6486 for more information.



**VB Women's Jail Ministry:** We are collecting full size women's hygiene products for the women at Virginia Beach jail. All items need to be full size, **please no travel size:** wash clothes, bar soap, Shampoo, Shampoo with shea butter,

Conditioner, Toothbrushes, Toothpaste, Deodorant and Clear Gallon storage bags. Please place items in wooden bins in the Great Hall next to the Justice & Peace table.



**2024 Respect Life Fund:** We are very grateful and blessed to have received a Respect Life Grant from the “2024 Richmond Diocese Respect Life Fund”. This will be used to: raise awareness of respect life issues via our Spiritual Adoption ministry, provide layettes and other essential items (diapers, formula, etc.) for expectant Mom's, babies, and Dad's in need. For more information, visit

[justiceandpeace@stmark-parish.org](mailto:justiceandpeace@stmark-parish.org) .



St. Mark's will be hosting CAST, an overnight shelter for the homeless for one week from **February 21st-28th**. We serve the needs of up to 50 people during our week, transporting them to our church, serving meals, providing fellowship and a safe caring environment for our guests overnight. We need help with volunteers and food donations. Online sign-ups have started. Please go to the St. Mark's website for the link to the online sign-ups.



Pick up your family's CRS Rice Bowl beginning **Shrove Tuesday** from the table in Great Hall. During the 40 days of Lent, we will reflect on our connectedness as one family in Christ and work together to ensure our sisters and brothers worldwide can thrive. Visit [crsricebowl.org](http://crsricebowl.org) to learn more.

“Jesus went away to a secluded place and prayed.” If you are seeking greater simplicity of life and a closer following of the Lord in prayer and action, consider that He may be calling you to the priesthood or consecrated life. Talk to your priest or reach out to the Office of Vocations at (804) 359-5661 or via email: [vocations@richmonddiocese.org](mailto:vocations@richmonddiocese.org).

**Parish Office Hours: Monday-Thursday: 9:00am– 1:00pm/ Sunday 9:00am-1:00 p.m.**



## Parish Life Ministry



The Wine & Cheese receptions following the Eucharistic Seminars and the Bishop's Appeal Dinner are perfect examples of how our Parish Life Ministry serves. If you would like to be part of this amazing ministry, please sign up at the Parish Life table in the Great Hall! The Body of Christ needs YOU!

### Upcoming Parish Life Events:

**Lenten Meatless Suppers - February 16th, 23rd, March 1st, 8th, 15th, and 22nd.** All suppers will begin at 6:00 pm EXCEPT February 23rd which will begin at 5:30 pm (due to CAST) with Stations of the Cross immediately following at 7:00 pm and 6:30 pm respectively. Good Friday is March 29th. (Abstinence laws consider that meat comes only from animals such as chickens, cows, sheep or pigs, etc. Birds are also considered meat. Abstinence does not include meat juices and liquid foods made from meat. Thus, such foods as chicken broth, consommé, soups with meat, meat gravies or sauces, as well as seasonings or condiments made from animal fat are technically not forbidden.) Please sign up at the Parish Life table by Wednesday of each week for Friday Meatless Suppers. Pick up a Parish Life Upcoming Events Handout on the Parish Life table in the Great Hall!

### Happy Anniversary to the following St. Mark parishioners celebrating February wedding anniversaries this week!

Francis & Florence Gradowski - February 3, 1962 (62 years)  
Steve & Marlene Schlossberg - February 6, 2004 (20 years)

**Wisdom Seekers** group monthly luncheons (2nd Friday of the month September thru June) are geared for parishioners and friends 50+ years of age. However, everyone is welcome. The next luncheon (potluck bring a dish to share) is on Friday, February 9th, 12 pm, in the Great Hall. Please contact Mary Shaw (757) 348-4460 for any general group questions.



### Upcoming Events Hosted by Office of Religious Formation **SAVE THE DATES!**

**March 2** – Chili Cook Off. Calling all cooks! Grab your aprons and prepare for battle.  
**April 21-May 5th**– Plant Sale and much more!  
**May 10-11** – Women's Retreat , “Woman, Know Thy Self”  
**June 7-8** – Men's Retreat TBD  
Look for event sign-ups in the Commons or call RF office for more information.

# Announcements/ Giving/ Contact Information

## St. Mark Job Opportunity Available

The Catholic Church of St. Mark is seeking a Religious Formation Administrative Assistant/Sacramental Prep Coordinator 18 hrs. per week-Sun (8am to 12pm). Note: Sunday work availability is a must for this position.

The successful candidate should enjoy working with people (children, youth, adults) and posses the ability to work collaboratively with parish, staff and parishioners. The Assistant provides administrative support to the Religious Formation Office and staff an is responsible for efficient office management. As a representative of the church, it is important to maintain a helpful and positive image. The position of Sacramental Preparation Coordinator is responsible for coordinating parish sacramental preparation activities, maintains records/files, assists staff in coordinating retreats.

Should posses strong phone, verbal and written communication, and computer skills, including Microsoft 365. Familiarity with ParishSoft Database is a plus. Must have familiarity with and appropriate use of social media and digital networking for ministry purposes. Work experience in an administrative role is necessary.

Interested candidates should send a resume to Deacon Mike Johnson, Pastoral Associate, Catholic Church of St. Mark, 1505 Kempsville Rd., Virginia Beach, VA 23464 or deacon\_mike@stmark-parish.org.

Fiscal Year July-June	January 28	Needed Year to Date	Offertory Year to Date	Excess/ (Short)
<b>Offertory</b>	\$22,828	\$591,500	\$559,757	(\$31,743)

## Second Collection for Middle East Relief: \$2,992

Family Count: 880

Families using envelopes: 168

Families using online donation: 173



If you currently do not give online, but would like to be an online contributor, please sign up at: [giving.parishsoft.com/app/giving/stmarkvb](http://giving.parishsoft.com/app/giving/stmarkvb) or donate on the Parish Giving QR code.



## St Mark 2023 Tax Statements

Your 2023 Tax Statements are now electronically released in the "My Own Church" account. If you have a my own church account go to the St Mark website: [www.stmark-parish.org](http://www.stmark-parish.org) and scroll down to the blue box marked "ParishSoft My Own Church" and click on it. Once inside you can scroll down and click "log in" if you recall your password from last year or click on "lost password" if you have forgotten it. If you are new to My Own Church, follow the instructions to create an account. Password problems? Call the office at 479-1010.



If unable or unwilling to access My Own Church, it is still possible to drop a Stamped Self - Addressed Business Size envelope at the church office or request via email to: [bookkeeper@stmark-parish.org](mailto:bookkeeper@stmark-parish.org). Requests will be fulfilled within a few business days.



## Knights of Columbus Persons of the Year

Every year, the Knights of Columbus recognizes one Young Man and one Young Woman of the Year. If you are in grades 9-12, you are eligible to complete an application where you will provide information about your achievements in academics, school, community, church and family. A \$500 award will be given to each winner.

The application submission **deadline is February 18th, 2024**. Pick up an application from the manilla envelope near the Knights monitor in the Great Hall. Turn applications in to the Knights monitor in the Great Hall, parish office or emailed to Paul Vater at [vaters@gmail.com](mailto:vaters@gmail.com).

## " A Message from Your Pastoral Council" By Hank Harzold, Chairperson

As we begin this new year it is also fitting that we look back and reflect on where we have been and what we have accomplished together. I want to say thank you to all for your abundant gifts of time, talent, and treasure. Without these generous contributions, much of what makes St. Mark our wonderful spiritual home would not be possible. The impact of so many ministries within, and extending far beyond our walls, is a testimony to this loving and caring community. For those who have been thinking about taking part in a ministry, but have not yet done so, I extend an invitation from the heart to prayerfully consider anew where you might be called to serve. The number of ministry areas is extensive and a contact list is available at the Information Desk in the commons. Each of us is called in some way to be an evangelist in what we do. Tradition says that when St. Francis was asked by his followers what they should be about, he replied, " Preach the gospel at all times; use words when necessary." Once again, thank you for all that you do, and you are invited to preach the gospel using words when necessary.

## PARISH STAFF

Rev. Fr. Eric Asamoah.....[freric@stmark-parish.org](mailto:freric@stmark-parish.org)  
 Revs. Mr. Mike Johnson & John Kren.....Deacons  
 Rev. Mr. Mike Johnson..... Pastoral Associate  
[deacon\\_mike@stmark-parish.org](mailto:deacon_mike@stmark-parish.org)  
 Sherry Smeland..... Parish Secretary  
[secretary@stmark-parish.org](mailto:secretary@stmark-parish.org)  
 Mary Ellen Cussen.....Business Manager  
[bookkeeper@stmark-parish.org](mailto:bookkeeper@stmark-parish.org)  
 Mark Smeland.....Music Director  
[mmland@gmail.com](mailto:mmland@gmail.com)  
 Vikki Ignacio .....Assistant Music Director  
 Brian Gridley.....Facility/IT Coordinator  
 Renee McCroskey.....Nursery Supervisor  
 Hank Harzold.....Parish Council Chairman  
 Tom Smith .....Custodian  
 William McMican.....Finance Council Chairman

## RELIGIOUS FORMATION STAFF

Fe Guzman.....Director of Religious Formation/Youth Minister  
 Nicole Brimer.....Coordinator of Religious Formation

## RELIGIOUS FORMATION OFFICE HOURS

Monday-Thursday 9:00a.m. – 3:00p.m. Sunday 9:00a.m. - 2:00p.m.  
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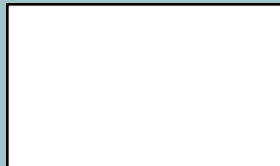
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[ckren@rwtowne.com](mailto:ckren@rwtowne.com) | [chriskren.com](http://chriskren.com)  
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