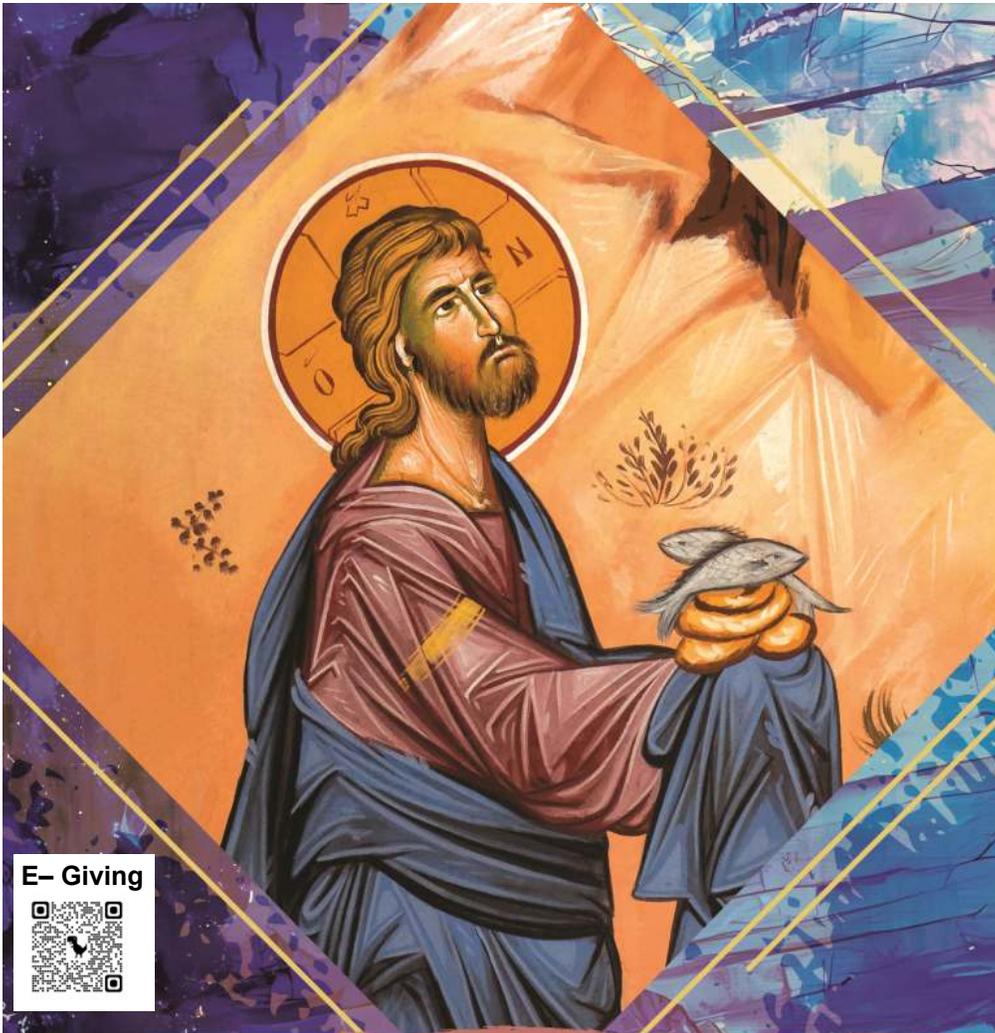




THE CATHOLIC CHURCH OF *Saint Mark*

February 8, 2026 • 5th Sunday In Ordinary Time



E- Giving



5TH SUNDAY IN ORDINARY TIME

“Your light must shine before others, that they may see your good deeds and glorify your heavenly Father.” - Mt 5:16

Excerpts from the Lectionary for Mass ©2001, 1988, 1970 CCD. ©LPI

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Welcome!

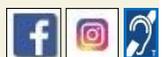
Save these 2026

St. Mark

Pilgrimage Dates!

1. Chrism Mass, Cathedral of the Sacred Heart, Richmond on March 30, 2026
2. Diocesan Pilgrimage to the Basilica of the National Shrine, Washington, DC on October 24, 2026
3. St. Mark Pilgrimage to Rome and Assisi Nov. 9th-18th, 2026 to commemorate the Jubilee Year of St. Francis of Assisi. (For more details about this pilgrimage, check out page 5 of this bulletin.)
4. The “One Nation Under God” 2026 National Eucharistic Pilgrimage passes through Diocese of Richmond June 2-5, 2026.

Bulletin Publication
date: 2/2/26



“Rooted in the Word...”

This Week at Saint Mark February 9th - February 15th, 2026

MONDAY

7:15pm OCIA Christian Formation/ CR

TUESDAY

8:30am Liturgy of the Word/ Daily Chapel
9:30am Seasons of Hope/ Library
11am-5pm Red Cross Blood Drive/Great Hall
2:00pm Daughters of Fatima Prayer Group/DC
6:00pm Parish Life Meeting/CR
6:00pm In-person Virtus Training/ GH/CL
6:30pm Women’s Book Club/Library

WEDNESDAY

10-1:00pm Food Pantry/ Great Hall
6:00pm Our Lady of Perpetual Help Novena/Sanct.
6:30pm Rosary/ Sanctuary
7:00pm Liturgy of the Word/ Sanctuary

THURSDAY

6:00am Men of St. Joseph/Conference Room
8:30am Liturgy of the Word/ Daily Chapel
9-11:00am PLARN/ Great Hall
9-6:00pm Adoration/ Sanctuary
6:15pm Evening Prayer/Sanctuary
6:30pm Benediction/Sanctuary
7:00pm Choir Rehearsal/ Sanctuary

FRIDAY

12:00pm Wisdom Seekers Potluck/Great Hall
6-7:30pm “Holy Pause” Family Formation Night/GH

SATURDAY

5:30pm Mass/ Sanctuary

SUNDAY

8:30am Mass/ Sanctuary
10:30am Mass/ Sanctuary with Face Book Livestream
11:45am Baptism Class/Sanctuary
11:45pm DYC Meeting/Great Hall
*No Children’s or Teen Formation

Wisdom Seekers Senior Group monthly luncheons (2nd Friday of the month) for parishioners 50+ years of age. Potluck luncheon, Valentine theme, February 13th, 12 pm, Great Hall. Dish to share: last name begins (A-M fruit or dessert, N-Z protein dish or salad). Please contact Mary Shaw at (757) 348-4460 for any general group questions.

SACRAMENTS AT ST. MARK

Contact Parish Secretary in the Parish Office to begin the processes of baptism, marriage, or other sacraments.

BAPTISM: Celebrated the 1st weekend of the month except during Holy Week. Requirement: **Families must be registered.** Contact Religious Formation Office for Baptism classes prior to the Sacrament. Confirm Baptism date and time with Parish Secretary after all requirements have been turned in.

MATRIMONY: Couples required to give 6 months notice before planning a wedding in the Parish. Please do not set date before contacting the Priest.

RECONCILIATION: Celebrated 1st and 3rd Saturdays of the month at 4:00 p.m.

Daily Readings

MONDAY

2/9 1 Kings 8:1-7, 9-13; Mark 6:53-56

TUESDAY

2/10 **Mem. of St. Scholastica, Virgin**
1 Kings 8:22-23, 27-30; Mark 7:1-13

WEDNESDAY

2/11 1 Kings 10:1-10; Mark 7:14-23

THURSDAY

2/12 1 Kings 11:4-13; Mark 7:24-30

FRIDAY

2/13 1 Kings 11:29-32; 12:19; Mark 7:31-37

SATURDAY

2/14 **Mem. of Sts. Cyril, Monk, and Methodius, Bishop**
1 Kings 12:26-32; 13:33-34; Mark 8:1-10
Jean Burke †, Moises Mina, III †

SUNDAY

2/15 **Sixth Sunday in Ordinary Time**
Sirach 15:15-20; 1 Corinthians 2:6-10;
Matthew 5:17-37
Frances Kumalae †, Gene Manucal †



Cindy Meier, Joseph Perine, Marie Amella, Fr. Dan Klem, Theresa Muller, Ron Still, Joseph Wargo, Kathy Seddon, Don Coons, Dana Reid, Merla Marcelo, Henrietta Mayr, Creed Clawson, Jayme Oliveira Filho, Louisa Morrison, Dare O’Ravitz, Angie Hudson, Caroline Padilla, Gigliola Kamp-Casto, Erlinda Mariado, Lorraine Stambaugh, Susan Colonna, Lexie Murray, Adriane Pennington, Rosendo Ibanez, Reynaldo Francisco, Annora Steiner, Julie Bellinger, Chandler Brewer, Val Kandis, Jay Davis, Olivia Wiggins, Armida Valmeo, Nikolas Pakkidis, Jeremiah Macaraeg

* Prayer Requests may remain in the bulletin for one year.

Samaritan Ministry

Volunteers visit the sick and those unable to get to mass. Training will be provided. If you would like to be a Samaritan Ministry volunteer, or to receive a visit from a Samaritan Ministry volunteer, call Ann Marie Cochran at 757-621-0699 for more details.

With sympathy, we extend our heartfelt condolences to St. Mark parishioner, **Jim Burke and family**, on the recent passing of his sister, Mary Burbidge. Please continue to pray for the Burke family.

Please pray for the repose of the soul of the following St. Mark parishioner:

Angelito Dela Cruz

Let perpetual light shine upon him and may he rest in peace! Keep the Dela Cruz family in your prayers.

“Nourished by the Sacraments”

A Reflection on Fifth Sunday In Ordinary Time From Fr. Eric Asamoah John 1:29-34

On this fifth Sunday of ordinary time, the Holy Mother Church reminds us that she is a light in the dark. Hence, she reminds her children that the light will be brighter if all Christians try to be Christ-like.

Becoming more like Jesus, who is the light of the world, is our way of bringing hope to a hurting world. This includes feeding the hungry, caring for the afflicted, housing the homeless, clothing the naked are acts of mercy and justice, as in CAST. When we share our resources and help those in need, our light will shine brightly, and we will experience God’s presence in our lives. “Then your light shall rise in the darkness, and your gloom shall become like midday” (Isa 58:10).

Jesus calls us to be salt of the earth, emphasizing our role as preservers of truth and goodness in the world. In Leviticus 2:13, salt signifies the need for cleansing and consecration, emphasizing the importance of approaching God with pure intentions. Salt was also a symbol of God’s activity in a person’s life. This is because salt penetrates, preserves, and aids in healing. So, when Christ calls us “salt,” He wants us to make a difference in our world. We must penetrate and preserve our world from moral, spiritual, physical, or environmental decay.

Salt adds flavor to food and keeps it from going bad. We can be salt of the earth by growing in a relationship with Christ through the daily pursuit of Him through His word and through prayer. We seek to influence others positively as Christians by showing them the unconditional love of Christ through charitable deeds.

Jesus wants us to be “the salt of the earth” and “the light of the world.” Being salt and light is not optional. Being salt and light is not just a choice but a responsibility that all of us are called to fulfill in our daily lives.

The Responsorial psalm of today says: The righteous are people who rise in darkness like light. They are gracious, merciful, generous, and steadfast.

Our faith is not meant to be private in the sense of being invisible; it should shine through our kindness, honesty, compassion, and courage. When people see our good works, they should be led not to praise us, but to glorify our Father in heaven. Those who act with kindness and integrity will be blessed and honored. Amen.



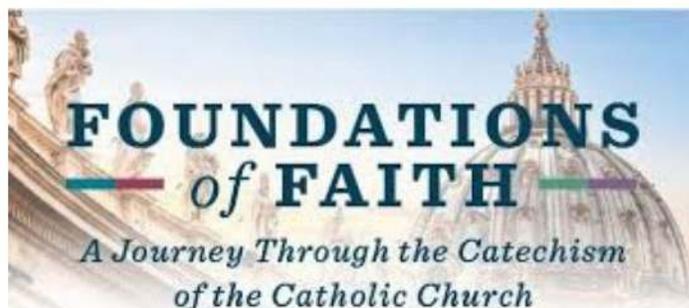
Palm Collection Begins Now

St. Mark is collecting last year’s palms for Ash Wednesday to be burned on Shrove Tuesday, February 17th. Donate old palms in the basket in the Commons or bring them to the Parish Office after Masses and during regular Parish Office hours.



Join us for the Diocese of Richmond Chrism Mass March 30, 2026. A St. Mark bus trip to the Cathedral of the Sacred Heart, Richmond will be available.

Reserve your bus seat for \$40.00 (driver tip included); Cash or check (payable to St. Mark) are accepted. Seats are limited, so don’t delay; sign up in the commons today! Departure is 2:00pm for the 6:00pm Mass.



Why do we believe what we believe?

Join us for a powerful 20-session series that takes you to 40+ locations across 11 countries and 4 continents to bring the Catechism to life.

- Dynamic video lessons from Catholic leaders like **Dr. Edward Sri, Jeff Cavins, Dr. Marcellino D’Ambrosio, & Fr. Mike Schmitz**
- Small-group discussion & fellowship
- A beautiful Study Set – workbook, & *Catechism at a Glance* Chart. Normally \$40, your Study Set is just **\$30** through our parish.

Choose your track

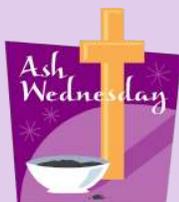
Tuesdays at 9:30am (Part 1 starts Feb 17, Part 2 starts Sept 15)
Thursdays at 7pm (Part 1 starts Feb 19, Part 2 starts Sept 17)

Sign up soon to reserve your seat and workbook.

Ash Wednesday Mass Times

February 18th at:

† 6:30am
† 12:00pm
† 7:00pm



“Building the Kingdom of God by Imaging Christ”

Justice Peace

For information on our Justice & Peace Ministries visit:
www.stmark-parish.org/ministries/justice-and-peace, or email:
justiceandpeace@stmark-parish.org

 **February:** \$10 Gift Cards/Any items from our Food Pantry List/ Individual Fruit Cups

Upcoming Justice & Peace Dates:

- **World Day of Prayer against Human Trafficking:** St. Josephine Bakhita prayer cards all Masses
- **Red Cross Blood Drive** this Tuesday, February 10th Visit www.RedCrossBlood.org to sign up
- **Rice Bowl Campaign** pick you bowl up beginning Feb. 15th
- **Migrant Ministry Planning meeting:** Sunday, February 22nd Noon/ Library
- **40 Days For Life:** February 18th-March 29th Monday 1-2pm/ Planned Parenthood
- Justice & Peace **Stations of Cross:** March 16th at 6 pm/ Sanct.
- **VA March For Life:** April 2nd Richmond .Visit our Justice & Peace table in Great Hall or Contact justiceandpeace@stmark-parish.org

 **CAST** -February 18th -25th at the Chesapeake Cares Resource center located at 2255 Steppingstone Square, Chesapeake. Sign up online at CAST Food Donations:https://stmarkhelps.ivolunteer.com/castfood_2026

Volunteer Opportunities: https://stmarkhelps.ivolunteer.com/cast_volunteer_at_chesapeake_cares_resource_center_2026



Spiritual Adoption is coming HERE! Next weekend **February 14/15**, visit our display in the Commons. Please consider “spiritually adopting” an unborn child and share the love for life that God has given you. Prayer pledge cards will be available after all Masses. Monthly updates and resources are provided to assist you with your prayer pledge. For more information justiceandpeace@stmark-parish.org

 **VB Women’s Jail Ministry:** For February we are collecting **full size** women’s hygiene products for the women at Virginia Beach jail. **Please no travel size:** wash clothes, bar soap, Shampoo, Shampoo with shea butter, Conditioner, Toothbrushes, Toothpaste, Deodorant and Clear Gallon storage bags. Please place items in wooden bins in the Great Hall next to the Justice & Peace table.

Parish Life

“I am the vine, you are the branches.”

- Lent is fast approaching! Stay tuned for our schedule of Meatless Suppers prior to Stations of the Cross every Friday of Lent!
- Marriage is a reason and a season to celebrate! Parish Life is keeping a compiled record of anniversaries in our parish. If you have not yet recorded your anniversary, please stop by the Parish Life table in the Great Hall and add your special day to the Anniversary Booklet.

Happy Anniversary to the following St. Mark parishioners will celebrate a February wedding anniversary this week!

Guy and Connie Cofield - February 13, 1982 (44 years)

Ken and Jane Long - February 14, 1981 (45 years)

Mark and Sharon Shofner - February 14, 1986 (40 years)

Is OCIA for You?

If you are an individual who has not yet been baptized, received Eucharist or Confirmation, and you are looking to deepen your faith, please contact the Formation Office (nicole@stmark-parish.org) or the parish secretary, and a member of the OCIA Team will contact you.

Catholic Church of St. Mark
JOIN US FOR A

Holy Pause

A Lenten Family Reflection
Friday, February 13
6:00 - 7:30 PM
Great Hall

BRING YOUR ENTIRE FAMILY
RSVP by Scanning the QR Code



CALLING ALL COOKS!

CHILI COOK-OFF IS COMING!

WITH BATTLE OF THE KIDS 13 & UNDER
SIGN UP BY FEB 27

bring the heat!



march 7, 2026
6:45 pm

FOR MORE INFORMATION, CONTACT
fe@stmark-parish.org

