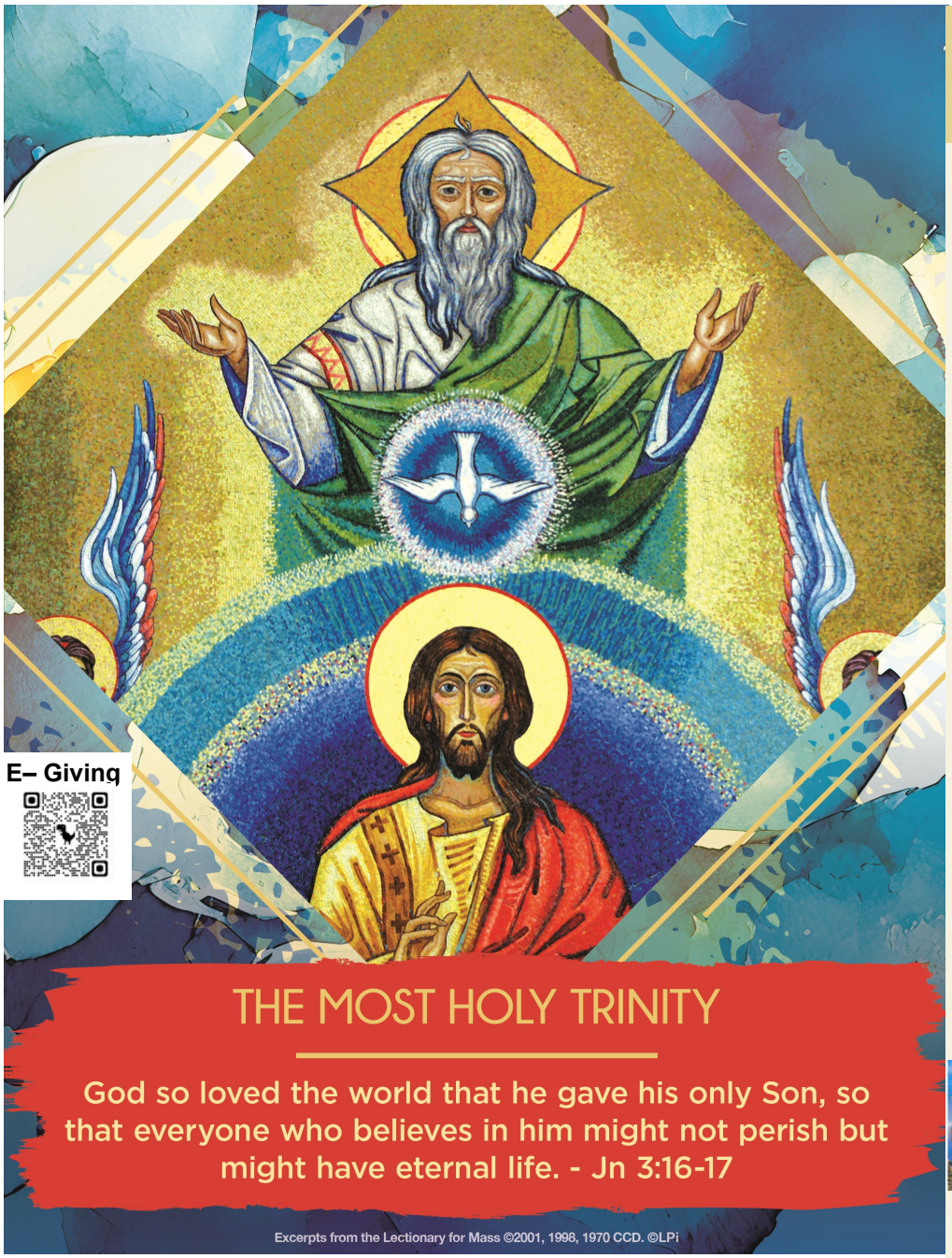
THE CATHOLIC CHURCH OF
Saint Mark

May 31, 2026 • Trinity Sunday



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Email: secretary@stmark-parish.org

Welcome!

Save these 2026 St. Mark Pilgrimage Dates!

1. The "One Nation Under God" 2026 National Eucharistic Pilgrimage passes through Diocese of Richmond June 2-5, 2026.
2. Diocesan Pilgrimage to the Basilica of the National Shrine, Washington, DC on October 24, 2026
3. **St. Mark Pilgrimage: Rome and Assisi Nov. 9th-18th, 2026!** Join us to commemorate the Jubilee Year of St. Francis of Assisi.

For more details, contact the parish office 757-479-1010 or fe@stmark-parish.org

SCAN

Bulletin Publication date: 5/22/2026

"Rooted in the Word…"

This Week at Saint Mark
June 1st - June 7th, 2026

MONDAY
7:00pm OCIA Team Meeting/CR
TUESDAY
8:30am **Daily Mass/** Daily Chapel
2:00pm Daughters of Fatima Prayer Group/ DC
6:00pm In-person Virtus Training Session/ GH
7:00pm Liturgy Committee Meeting/ Conf. Room
WEDNESDAY
10-1:00pm Food Pantry/ Great Hall
10:00am Seasons of Hope/ Library
6:00pm Our Lady of Perpetual Help Novena/ Sanct.
6:30pm Rosary/ Sanctuary
7:00pm **Daily Mass/** Sanctuary
THURSDAY
6:00am Men of St. Joseph/ Conference Room
8:30am **Daily Mass/** Daily Chapel
9-11:00am PLARN/ Great Hall
9-6:00pm Adoration/ Sanctuary
6:15pm Evening Prayer and Benediction/ Sanctuary
7:00pm Choir Rehearsal/ Choir Room
7:00pm Adult Bible Study/ Library
FRIDAY
SATURDAY
4:00pm Reconciliation
5:30pm **Mass** / Sanctuary
SUNDAY **Corpus Christi Sunday**
8:30am **Mass/** Sanctuary
10:30am **Mass**/ Sanctuary with Face Book Livestream

Wisdom Seekers Senior Group monthly luncheons (2nd Friday of the month September thru June) for parishioners 50+ years of age. Potluck luncheon, Flag theme, **Friday, June 12th, 12 pm,** Great Hall. Dish to share, hotdogs provided, last name begins (A-M fruit or dessert, N-Z protein dish or salad). Please **contact** Mary Shaw at (757) 348-4460 for questions.

SACRAMENTS AT ST. MARK

Contact Parish Secretary in the Parish Office to begin the processes of baptism, marriage, or other sacraments.

BAPTISM: Celebrated the 1st weekend of the month except during Holy Week. Requirement: **Families must be registered**. Contact Religious Formation Office for Baptism classes prior to the Sacrament. Confirm Baptism date and time with Parish Secretary after all requirements have been turned in.

MATRIMONY: Couples required to give 6 months notice before planning a wedding in the Parish. Please do not set date before contacting the Priest.

RECONCILIATION: Celebrated 1st and 3rd Saturdays of the month at 4:00 p.m.

Samaritan Ministry

Volunteers visit the sick and those unable to get to mass. Training will be provided. If you would like to be a Samaritan Ministry volunteer, or to receive a visit from a Samaritan Ministry volunteer, call Ann Marie Cochran at 757-621-0699.

Daily Readings

MONDAY 6/1 **Mem. of St. Justin, Martyr**
2 Peter 1:2-7; Mark 12:1-12

TUESDAY 6/2 **Tues. of the Ninth Week in Ordinary Time**
1 Peter 1:10-16; Mark 10:28-31

WEDNESDAY 6/3 **Mem. of St. Charles Lwanga and Companions, Martyrs**
1 Peter 1:18-25; Mark 10:32-45

THURSDAY 6/4 **Thurs. of the Ninth Week in Ord. Time**
2 Timothy 2:8-15; Mark 12:28-34

FRIDAY 6/5 **Mem. of St. Boniface, Bishop and Martyr**
2 Timothy 3:10-17; Mark 12:35-37

SATURDAY 6/6 **Sat. of the Ninth Week in Ord. Time**
2 Timothy 4:1-8; Mark 12:38-44
Tom and Francis Kumalae†, Mikhael and Sima Mulchin †, Alexsiy and Valery Bulygin †, Samuel Smagarinsky †

SUNDAY 6/7 **Sol. of Most Holy Body and Blood of Christ**
Deuteronomy 8:2-3, 14b-16a;
1 Corinthians 10:16-17; John 6:51-58
Dennis Heinlein†,

Hu Jung Dalton, Erik Cope, Chandler Brewer, Charles Sweeney, Helena Kuhnley, William Ruiz, Leonardo Remias, Ron Ferrero, Ruth Ferrero, Joseph Perine, Marie Amella, Fr. Dan Klem, Theresa Muller, Joseph Wargo, Kathy Seddon, Don Coons, Dana Reid, Merla Marcelo, Henrietta Mayr, Creed Clawson, Jayme Oliveira Filho, Louisa Morrison, Dare O'Ravitz, Angie Hudson, Caroline Padilla, Gigliola Kamp-Casto, Erlinda Mariado, Lorraine Stambaugh, Susan Colonna, Lexie Murray, Adriane Pennington, Rosendo Ibanez, Reynaldo Francisco, Jay Davis, Val Kandis

* Prayer Requests may remain in the bulletin for one year.

Is OCIA for You?

If you are an individual who has not yet been baptized, or if you have been baptized but have not received Eucharist or Confirmation, and you are looking to deepen your faith, we're so glad you're here! We invite you to learn more about the process through which we welcome or reconnect you with the Catholic Church, The journey is guided by members of our parish community, but is ultimately a personal journey in which you will grow in your identity as a Catholic. OCIA (Order of Christian Initiation for Adults) meets Monday nights. If you are interested in learning more and/or beginning OCIA, please contact the Formation Office(nicole@stmark-parish.org) and a member of the OCIA Team will contact you.

"Nourished by the Sacraments"

A Reflection on Most Holy Trinity Sunday

From Fr. Eric Asamoah

Today, just a week after Pentecost, the holy mother church celebrates the solemnity of the Most Holy Trinity. The Church invites us to pause and reflect on the deepest truth of our faith: One God in Three Persons, Father, Son, and Holy Spirit.

Today's celebration is a song of praise to God, who has called us to share in the mystery of the Most Holy Trinity. Two concise prayers and blessings that comes with this feast include: *"May the grace of our Lord Jesus Christ, the love of God, and the fellowship of the Holy Spirit be with you," and "May the Almighty God bless you the Father, the Son, and the Holy Spirit.*

Our very Christian life is journey into the Holy Trinity, where believers grow in relationship with the Father, Son, and Holy Spirit, experiencing God's love, guidance, and transformative presence daily. Baptism and Confirmation are our launching point. The Eucharist sustains us as food for the journey. The Sacrament of Penance keeps us on track helping us to stay aligned with the Truth. Marriage and Holy Orders arrange our particular journey in a special way, and we get a last-minute boost from the Sacrament of Anointing of the Sick.

But the final destination of our journey is eternal life in communion with God, the Father, Son and the Holy Spirt.

In Exodus, God reveals Himself to Moses as "merciful and gracious, slow to anger and rich in kindness and fidelity." This reveals the steadfast love of God the Father. In John's Gospel, God the Son is the gift of the Father's love, sent not to condemn but to save, *"God so loved the world that He gave His only Son…"*. The Holy Trinity represents the fullness of love, for God is love. The Father loves the Son, the Son loves the Father. The Holy Spirit is their love for each other.

The Spirit is the bond of love, drawing us into communion with God and with one another. Whenever we sign ourselves with the Sign of the Cross, we are wishing ourselves Grace, Love and Fellowship of the Holy Trinity (second reading).

Everything we do is a Trinitarian expression that the Father is with us, the Son is one with us and makes us his own brothers and sisters, and the Holy Spirit fills our lives with courage and everything we need in order to understand, to know each other, to love each other, to care for each other, to forgive each other. Amen.

Congratulations to St. Mark's confirmands who received their confirmation sacrament on Tuesday, May 19th at Prince of Peace Catholic Church by Most Rev. Barry Knesout. Pray for them as they continue their faith journey as newly confirmed Catholics.

ONE NATION UNDER GOD

NATIONAL Eucharistic Pilgrimage

Catholic Diocese of Richmond

Walk with US! The National Eucharistic Pilgrimage will soon visit our diocese. Five cities. Four days.

One Nation Under God!

Learn more and register for events

Prayer and Works of Mercy

The USCCB is encouraging parishes and individuals to participate in moments of adoration and mercy leading into the July4th holiday.

Consecration and Enthronement of the Sacred Heart

- On June 11th the bishops of the United States will consecrate the Unites States to the Sacred heart of Jesus. Parishes and dioceses around the country are encouraged to do so.
- Bishop Knestout will consecrate the Diocese of Richmond at the Cathedral of the Sacred heart on June 4th, at the Mass following the Eucharistic Procession through Richmond.
- Families can also find resources for the Enthronement of the Sacred Heart within their homes on the USCCB page.

Congratulations to our newest communicants who received Jesus in the Eucharist for the first time this weekend! Please keep them in your prayers that the Eucharist continues to transform their hearts.

Madison Bagna
Olivia Bagna
Sophia Bell
Jackson Brimer
Jude Brimer
Ivan Bowman
Lincoln Cortez
Sean Drake
Brielle Dsilva
Naomi Erhabor
Yoma Erifevieme
Owen Hofmeister
Charlotte Holscher
Brielle Junkins
Caleb LaLonge
Macy LaLonge
Jeremiah Vincent Macaraeg
Diana Nolan
William O'Mara
Caroline Qiao
Franceska Grace Samson
Joana Santhosh
Vincent Schanz
Nathaniel Schoettlin
Carter Scobo
Nora Shea
Vanna Silvela
Moira Stegner
Rosemaria Tony
Richard Townsend
Marco Tumulad

Mission Statement

Rooted in the Word...Nourished by the Sacraments...Guided by the Holy Spirit...We, the people of St. Mark, are united in our desire to serve those who are in need, to give our gifts and talents...to build the Kingdom of God by imaging Jesus Christ…(Established 1978)

LITURGY SCHEDULE: Saturday: 5:30pm/ Sunday at 8:30 & 10:30am/ Tuesday and Thursday at 8:30am/ Wednesday at 7:00pm

"Building the Kingdom of God by Imaging Christ"

Justice Peace

For information on our Justice & Peace Ministries visit: www.stmark-parish.org/ministries/justice-and-peace, or email: justiceandpeace@stmark-parish.org

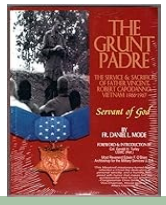
Foods of Month June: $10 Gift Cards/ 9-15oz. Mashed Potatoes/ Individual Snack Crackers/Cookies

Spiritual Adoption/ Month 5: "Mommy felt me kick today!" Your spiritually adopted baby weighs over one pound now, and Mom can feel movement. We are mid-way through the pregnancy now. Your prayers have helped your baby's mother continue with her pregnancy and seek the help she needs. If you would like more information, contact justiceandpeace@stmark-parish.org

Baby Layettes: As we honor our blessed mother and all mothers this May, we are collecting baby layette items: onesies, sleepers, blankets, and baby booties to help us in putting together layettes for Moms in need. We also are asking for handmade (knitted or crocheted) baby blankets. Please place items in wooden bins in the Great Hall next to the Justice & Peace table by June 7th.

Respecting Life: Did you Know? Some incredibly influential people in our world were almost aborted! Saint Pope John Paul II's mother was gravely ill when pregnant with him and was advised if she did not abort, she would not survive. She chose life and both survived. **Vote no November 3rd** stop the extreme abortion amendment, for additional information and resources visit **vacatholic.org/Amendment** or scan the QR code.

Women's Book Club
THE GRUNT PADRE **,**
The Service & Sacrifice of Fr. Vincent Robert Capodanno, Vietnam 1966-1967
by Fr. Daniel Mode
June 9th at 6:30pm / Library



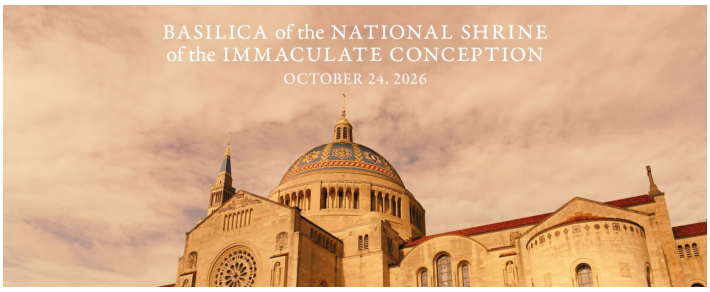
Parish Life

"I am the vine, you are the branches."

- **Happy Anniversary to the following St. Mark parishioners will celebrate a June wedding anniversary this week!**

John and Patty Allen– June 1, 1963 (63 years)
Cliff and Barbara Graf - June 1, 1965 (61 years)
Robert and Patrocinia West - June 2, 1994 (32 years)
Jerry and Linda Major - June 5, 1993 (33 years)
Jeff and Celeste Acosta - June 5, 1982 (44 years)

If you will be between the ages of 16 and 35 by August 2027, you are invited to be part of this once-every-few-years global gathering—an experience like no other. Join thousands of young Catholics from around the world in **Seoul, Korea** for a week of prayer, catechesis, and liturgy that reveals the beauty and universality of our faith. Registration is open through August 30, 2026. Contact Fe Guzman in the RF office for details.



In honor of the 250th anniversary of our Nation, Bishop Knestout invites the faithful of the Catholic Diocese of Richmond to spend the day at the Basilica of the National Shrine of the Immaculate Conception. On Saturday, October 24, 2026, we will entrust the care of our country to the maternal care of Our Lady, Patroness of the Americas. St. Mark will have a bus reserved for parishioners for a fee.

Catholic Church of St. Mark
FRANCISCAN JUBILEE YEAR
as proclaimed by Pope Leo XIV for the 800th anniversary of the passage of St. Francis of Assisi
PILGRIMAGE
NOVEMBER 9 – 18, 2026
Spiritual Director: Fr. Eric Baffour Asamoah
For more details, contact fe@stmark-parish.org

Parish Office Hours: Monday-Thursday: 9:00am – 3:00pm; Sunday 9:00-1:00pm

Announcements/ Giving/ Contact Information

Kitchen Renovation Update:
The contractor is making great progress. This week, walls are complete, gas line for stove installed, and electrical outlets roughed in. It is not too late to donate to this much needed kitchen renovation project. For more details or to donate, contact Parish Bookkeeper, Mary-Rachelle Paguiligan, at bookkeeper@stmark-parish.org or call the parish office at 757-479-1010.

Eagle Scout Bench Project Complete!
Much thanks and gratitude to parishioner Keegan Donovan and fellow Eagle Scouts for designing, building and recently installing a bench for reflection near the Stations of the Cross adjacent to the St. Mark Pavilion as their Eagle Scout Project.

Monte Carlo Night
Annual Charity Fundraiser
Saturday, June 20th
Doors Open @ 6:45PM – 10:30PM
Tickets: Single - $20; 2 or more - $17.50 ea.
Price Includes Food, Beverages and Games
All Proceeds Support KofC Charitable Activities
On sale at Church after all weekend Masses and from Individual Knights Starting May 16th & 17th
Credit Card Payments Accepted
K OF C
Jointly Sponsored by two KofC Councils - Kempsville Council 10515 Fr. Habets Council 4632

Kid's Corner

Have You Heard?

We celebrate The Visitation today, when Mary visited her cousin Elizabeth, baby John the Baptist leapt for joy in Elizabeth's womb because Jesus was near! The Visitation reminds us that every life is precious and loved by God, even before birth.

If you currently do not give online, but would like to be an online contributor, please sign up at: **giving.parishsoft.com/app/giving/stmarkvb** or donate on the Parish Giving QR code.
For more details or to donate, contact Parish Bookkeeper, MaryEllen Cussen, at bookkeeper@stmark-parish.org or call the parish office

Fiscal Year July-June	May 10	Needed Year to Date New Fiscal Year	Offertory Year to Date	Excess/ (Short)
Offertory	**$19,368**	**$915,500**	**$908,092**	**($7,408)**

Family Count: 806
Families using envelopes: 210
Families using online donation: 199

Catholic Church of St. Mark
Religious Formation Program
2026 - 2027
Lord, Teach us to pray...
REGISTRATION OPENS TOMORROW!
SCAN HERE

PARISH STAFF

Rev. Fr. Eric Asamoah……..freric@stmark-parish.org
Rev. Mr. John Kren……..Acting Pastoral Associate deacon_john@stmark-parish.org
Sherry Smeland…….. Parish Secretary secretary@stmark-parish.org
Mary-Rachelle Paguiligan……..Business Manager bookkeeper@stmark-parish.org
Mark Smeland……..Music Director music.director@stmark-parish.org
Vikki Ignacio ……Assistant Music Director
Brian Gridley……..Facility/IT Coordinator
Renee McCroskey……Nursery Supervisor
Hank Harzold……Parish Council Chairman
Tom Smith ……Custodian
William McMican……Finance Council Chairman

RELIGIOUS FORMATION STAFF

Fe Guzman……Director of Religious Formation/Youth Minister
Nicole Brimer……Coordinator of Religious Formation

RELIGIOUS FORMATION OFFICE HOURS

Monday-Thursday 9:00a.m. – 3:00p.m. Sunday 9:00a.m. - 2:00p.m.
Phone: 757-479-9897 • Fax: 757-479-9453; Email: fe@stmark-parish.org