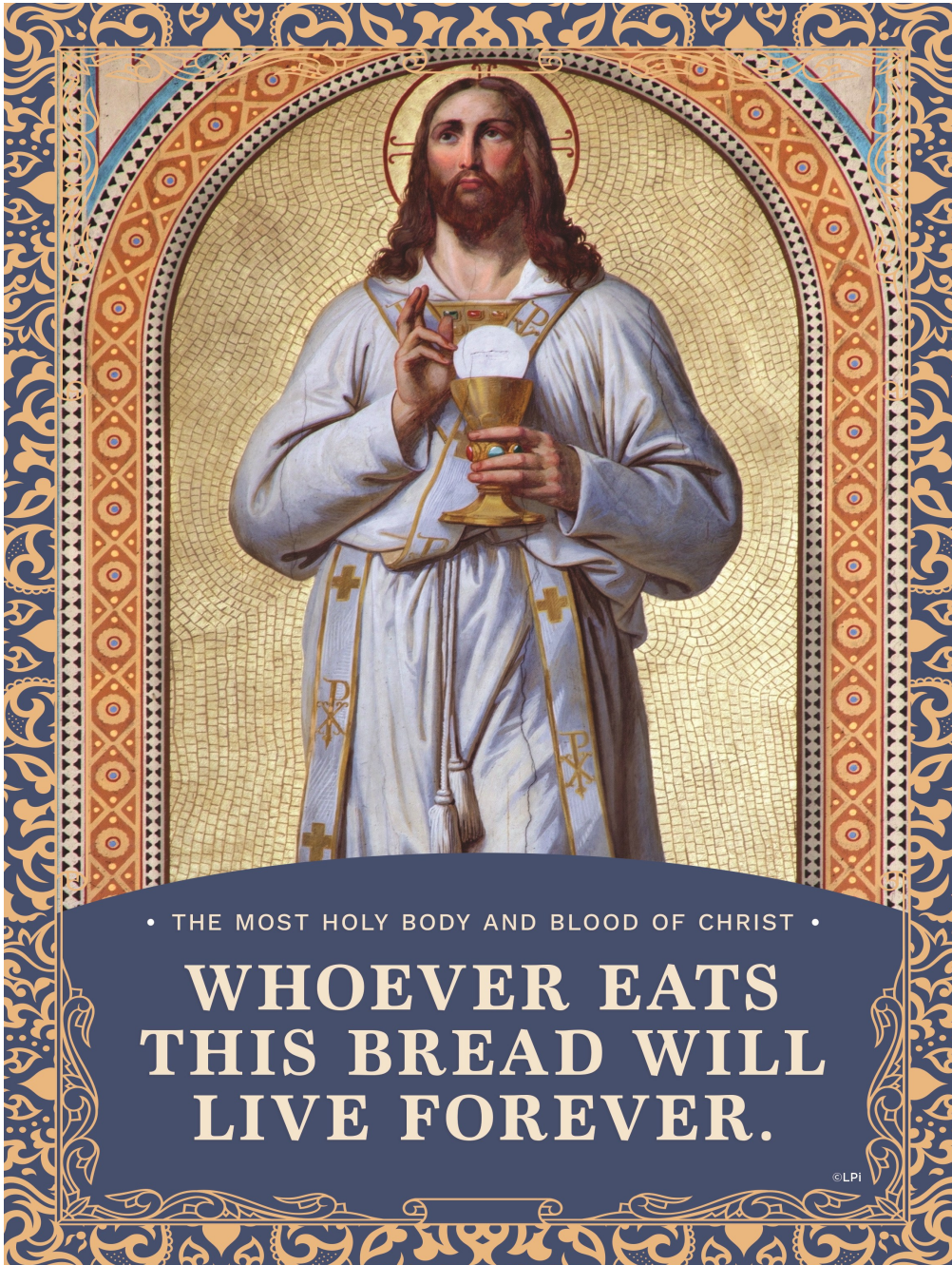




THE CATHOLIC CHURCH OF *Saint Mark*

June 7, 2026 • Corpus Christi Sunday



• THE MOST HOLY BODY AND BLOOD OF CHRIST •

**WHOEVER EATS
THIS BREAD WILL
LIVE FOREVER.**

©LPI

Welcome!

Save these 2026

St. Mark

Pilgrimage Dates!

1. Diocesan Pilgrimage to the Basilica of the National Shrine, Washington, DC on October 24, 2026
2. **St. Mark Pilgrimage: Rome and Assisi Nov. 9th-18th, 2026!**
Join us to commemorate the Jubilee Year of St. Francis of Assisi.



For more details, contact the parish office 757-479-1010 or fe@stmark-parish.org

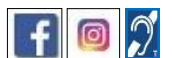


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“Rooted in the Word...”

This Week at Saint Mark June 8th - June 14th, 2026

MONDAY

7:15pm OCIA Christian Formation/CR

TUESDAY

8:30am **Daily Mass/** Daily Chapel
2:00pm Daughters of Fatima Prayer Group/ DC
6:00pm Parish Life Meeting/ Conference Room
6:30pm Women's Book Club/ Library

WEDNESDAY

10-1:00pm Food Pantry/ Great Hall
6:00pm Our Lady of Perpetual Help Novena/ Sanct.
6:30pm Rosary/ Sanctuary
7:00pm **Daily Mass/** Sanctuary

THURSDAY

6:00am Men of St. Joseph/ Conference Room
8:30am **Daily Mass/** Daily Chapel
9-11:00am PLARN/ Great Hall
6:00pm Confirmation Mystagogy/ Great Hall/ CR

FRIDAY

12:00pm Wisdom Seekers Potluck/GH
7:00pm **Consecration of U.S. to Most Sacred Heart of Jesus Mass/** Sanctuary

SATURDAY

5:30pm **Mass /** Sanctuary

SUNDAY

8:30am **Corpus Christi Sunday**
10:30am **Mass/** Sanctuary with Face Book Livestream
11:45am In-person Baptism Class/ Sanctuary

SACRAMENTS AT ST. MARK

Contact Parish Secretary in the Parish Office to begin the processes of baptism, marriage, or other sacraments.

BAPTISM: Celebrated the 1st weekend of the month except during Holy Week. Requirement: **Families must be registered.** Contact Religious Formation Office for Baptism classes prior to the Sacrament. Confirm Baptism date and time with Parish Secretary after all requirements have been turned in.

MATRIMONY: Couples required to give 6 months notice before planning a wedding in the Parish. Please do not set date before contacting the Priest.

RECONCILIATION: Celebrated 1st and 3rd Saturdays of the month at 4:00 p.m.

Samaritan Ministry

Volunteers visit the sick and those unable to get to mass. Training will be provided. If you would like to be a Samaritan Ministry volunteer, or to receive a visit from a Samaritan Ministry volunteer, call Ann Marie Cochran at 757-621-0699.

Mission Statement

Rooted in the Word...Nourished by the Sacraments...Guided by the Holy Spirit...We, the people of St. Mark, are united in our desire to serve those who are in need, to give our gifts and talents...to build the Kingdom of God by imaging Jesus Christ...(Established 1978)

Daily Readings

MONDAY

6/8

Monday of the Tenth Week in Ordinary Time

1 Kings 17:1-6; Matthew 5:1-12

TUESDAY

6/9

Tues. of the Tenth Week in Ord. Time

1 Kings 17:7-16; Matthew 5:13-16

Henriette Natasha Diatta †

WEDNESDAY of the Tenth Week in Ordinary Time

6/10

1 Kings 18:20-39; Matthew 5:17-19

Cledor Mane` †

THURSDAY

6/11

Mem. of St. Barnabas, Apostle

Acts 11:21b-26; 13:1-3; Matthew 5:20-26

Emmanuel and Christine Mane` †

FRIDAY

6/12

Sol. of the Most Sacred Heart of Jesus

Deuteronomy 7:6-11; 1 John 4:7-16;

Matthew 11:25-30

SATURDAY

6/13

Sat. of the Tenth Week in Ord. Time

1 Kings 19:19-21; Matthew 5:33-37

Deceased members of the Smith Family†,

Pat Fisher †

SUNDAY

6/14

Eleventh Sunday in Ordinary Time

Exodus 19:2-6a; Romans 5:6-11;

Matthew 9:36 -10:8

Julito Mata Antolin †

Piere Lopez †

Prayer Requests

Hu Jung Dalton, Chandler Brewer, Charles Sweeney, Helena Kuhnley, William Ruiz, Leonardo Remias, Ron Ferrero, Ruth Ferrero, Joseph Perine, Marie Amella, Fr. Dan Klem, Theresa Muller, Joseph Wargo, Kathy Seddon, Don Coons, Dana Reid, Merla Marcelo, Henrietta Mayr, Creed Clawson, Jayme Oliveira Filho, Louisa Morrison, Dare O'Ravitz, Angie Hudson, Caroline Padilla, Gigliola Kamp-Casto, Erlinda Mariado, Lorraine Stambaugh, Susan Colonna, Lexie Murray, Adriane Pennington, Rosendo Ibanez, Reynaldo Francisco, Jay Davis, Val Kandis

* Prayer Requests may remain in the bulletin for one year.

Is OCIA for You?

If you are an individual who has not yet been baptized, or if you have been baptized but have not received Eucharist or Confirmation, and you are looking to deepen your faith, we're so glad you're here! We invite you to learn more about the process through which we welcome or reconnect you with the Catholic Church, The journey is guided by members of our parish community, but is ultimately a personal journey in which you will grow in your identity as a Catholic. OCIA (Order of Christian Initiation for Adults) meets Monday nights. If you are interested in learning more and/or beginning OCIA, please contact the Formation Office(nicole@stmark-parish.org) and a member of the OCIA Team will contact you.

“Nourished by the Sacraments”

A Reflection on Corpus Christi Sunday From Deacon John J. Kren

This week we celebrate the solemnity of the Most Holy Body and Blood of Christ, Corpus Christi. The focus is different today from Holy Thursday when in the upper room Jesus instituted the Eucharist, the mystery of offering Himself out of love and to be present in elements of bread and wine. The solemn feast day of Corpus Christi takes the elements of Bread and Wine and offers them to us to reflect upon, to honor, pray, and to adore as Jesus traces His origins and places our Eucharistic celebration in Salvation History.

Jesus said He has been sent by a living God the Father who has given Him life. Jesus said He is the LIVING bread that came down from heaven sent to give life to the world. Those who eat this bread will be LIKE Him – sent to give life to the world. Jesus’ flesh and blood, His humanity was obediently sacrificed out of love for us. In the consecrated bread and wine, the transubstantiated elements are Jesus who is a mysterious food for us. The bread and wine that is offered at the altar – blessed by the Holy Spirit, broken and poured out and given back to us forever to be Jesus’ body and blood. In receiving Communion, eating His flesh and drinking the cup of blessing, we become more and more like Christ. We do not absorb the flesh and

blood but we are absorbed by them to become more Christ like. Like Christ we are sent to give life to the world – to sacrifice ourselves out of love for others. This is a love, the daily crucifixion of ourselves to seek the good of those around us. We undergo a gradual transformation into Christ and are called to spread His love given to us, throughout the world. The Body and Blood of Christ is the fruit of the gift that Christ made of Himself on Good Friday, the gift of a Love stronger than death.

In our humble offerings of Bread and Wine we are drawn together in a unity, a solidarity to honor the sacrifice that Jesus endured for us because of sin. In Communion we receive back the Body and Blood of Christ blessed, broken, risen, to come again. We might be a bit bewildered as we have been moved from being a multitude to be a community, from anonymity to Communion with Jesus: The Body of Christ. The Blood of Christ. Amen, Amen. In our Amens we believe that we can and will be transformed beyond our weakness, our frailties, and our failings to be one with our God. Jesus in the Eucharist is the Living Bread come Down from Heaven to be one with us. Thank you Lord Jesus.





Congratulations to St. Mark’s OCIA confirmands who received their confirmation sacrament on May 24th, Pentecost Sunday, by Fr. Eric Asamoah. Pictured above are Kyle Mucciarone, Roland Bedjean, Frederick Marcaida, Jennifer Perez, Kara Burrows, Diana Janoka, Heidi Glaudel, Luke Gazzo, Robert Py, Cy Naces, Candido Rivera, and Noel Gay. Much thanks to all catechists and sponsors who helped guide these newly confirmed Catholics throughout their faith formation.. Pray for them as they continue their faith journey as newly confirmed Catholics. What a blessing!


“Building the Kingdom of God by Imaging Christ”


Justice Peace

For information on our Justice & Peace Ministries visit: www.stmark-parish.org/ministries/justice-and-peace, or email: justiceandpeace@stmark-parish.org

 **Foods of Month June:** \$10 Gift Cards/ 9-15oz. Mashed Potatoes/ Individual Snack Crackers/Cookies

 **Spiritual Adoption/ Month 5:** “Mommy felt me kick today!” Your spiritually adopted baby weighs over one pound now, and Mom can feel movement. We are mid-way through the pregnancy now. Your prayers have helped your baby’s mother continue with her pregnancy and seek the help she needs. If you would like more information, contact justiceandpeace@stmark-parish.org

 **Baby Layettes:** As we honor our blessed mother and all mothers this May, we are collecting baby layette items: onesies, sleepers, blankets, and baby booties to help us in putting together layettes for Moms in need. We also are asking for handmade (knitted or crocheted) baby blankets. Please place items in wooden bins in the Great Hall next to the Justice & Peace table by June 7th.

 **Respecting Life: Did you Know?** Some incredibly influential people in our world were almost aborted! Saint Pope John Paul II’s mother was gravely ill when pregnant with him and was advised if she did not abort, she would not survive. She chose life and both survived. **Vote no November 3rd** stop the extreme abortion amendment, for additional information and resources visit vacatholic.org/Amendment or scan the QR code.



Parish Life

“I am the vine, you are the branches.”

• **Happy Anniversary to the following St. Mark parishioners will celebrate a June wedding anniversary this week!**

- Tim and Cindy Heil – June 7, 1990 (36 years)**
- John and Mary Harrison- June 8, 1974 (56 years)**
- Jim and Janet Waltz- June 10, 1983 (43 years)**
- Brian and Kim O’Neill - June 12, 1982 (44 years)**
- Terri and Joe Wargo - June 12, 1971 (55 years)**



If you will be between the ages of 16 and 35 by August 2027, you are invited to be part of this once-every-few-years global gathering—an experience like no other. Join thousands of young Catholics from around the world in **Seoul, Korea** for a week of prayer, catechesis, and liturgy that reveals the beauty and universality of our faith. Registration is open through August 30, 2026. Contact Fe Guzman in the RF office for details.



In honor of the 250th anniversary of our Nation, Bishop Knestout invites the faithful of the Catholic Diocese of Richmond to spend the day at the Basilica of the National Shrine of the Immaculate Conception. On Saturday, October 24, 2026, we will entrust the care of our country to the maternal care of Our Lady, Patroness of the Americas. St. Mark will have a bus reserved for parishioners for a fee.



Catholic Church of St. Mark
FRANCISCAN JUBILEE YEAR

as proclaimed by Pope Leo XIV for the 800th anniversary of the passage of St. Francis of Assisi

PILGRIMAGE

NOVEMBER 9 – 18, 2026

Spiritual Director: Fr. Eric Baffour Asamoah

For more details, contact fe@stmark-parish.org

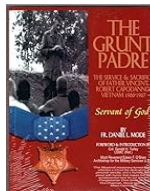
St. MARK
July 20-24
9a-12p

RAINFOREST FALLS

VBS is for rising Kindergarteners through rising 5th Grade.

\$40 / 1 Child
\$70 / 2 Children
\$100 / 3+ Children

Women’s Book Club
THE GRUNT PADRE ,
The Service & Sacrifice of Fr. Vincent Robert Capodanno, Vietnam 1966-1967
by Fr. Daniel Mode
June 9th at 6:30pm / Library



Parish Office Hours: Monday-Thursday: 9:00am – 3:00pm; Sunday 9:00-1:00pm

Announcements/ Giving/ Contact Information



Announcement:

Parish Office Summer Hours

Beginning Monday, June 15th through Tuesday, Sept. 8th, St. Mark parish office hours will be 9:00am-1:00pm Sunday through Thursday.

Kitchen Renovation Update:

The contractor is making great progress. This week, walls are painted, ceiling is in. Following flooring, cabinets will be installed, then counter tops. It is not too late to donate to this much needed kitchen renovation project. For more details or to donate, contact Parish Bookkeeper, Mary-Rachelle Paguiligan, at bookkeeper@stmark-parish.org or call the parish office at 757-479-1010.



If you currently do not give online, but would like to be an online contributor, please sign up at: giving.parishsoft.com/app/giving/stmarkvb or donate on the Parish Giving QR code.



For more details or to donate, contact Parish Bookkeeper, MaryEllen Cussen, at bookkeeper@stmark-parish.org or call the parish office

Fiscal Year July-June	May 17	Needed Year to Date New Fiscal Year	Offertory Year to Date	Excess/ (Short)
Offertory	\$19,219	\$933,000	\$927,311	(\$5,689)

Family Count: 807
Families using envelopes: 188
Families using online donation: 201

Catholic Church of St. Mark Religious Formation Program



2026 - 2027
Lord,
Teach us
to pray...

REGISTRATION NOW OPEN >>>
TAKE ADVANTAGE OF OUR EARLY BIRD SPECIAL, JUNE 1-JUNE 30



WOMEN of Hope

Praying at all times
in the Spirit
- EPHESIANS 6:18

HOPE: Anchored in God's Promises
PRAYER: Our Strength, Our Connection
PURPOSE: Empowered by the Holy Spirit

St. Mark Catholic Church
Women's Retreat

SEPT 11-12, 2026
AT FOUNDERS INN
CONTACT FORMATION OFFICE FOR MORE
DETAILS 757.479.9897

Monte Carlo Night
Annual Charity Fundraiser
Saturday, June 20th

Doors Open @ 6:45PM - 10:30PM

Tickets: Single - \$20; 2 or more - \$17.50 ea.
Price Includes Food, Beverages and Games
All Proceeds Support KofC Charitable Activities

On sale at Church after all weekend Masses
and from Individual Knights Starting May 16th & 17th

Credit Card Payments Accepted

Jointly Sponsored by two KofC Councils -
Kempsville Council 10515
Fr. Habets Council 4632

WOW! How COOL!

Every time we go to Mass, Jesus is really with us in a special way! On the Solemnity of Corpus Christi (TODAY!), we celebrate the amazing gift of the Holy Eucharist, Jesus' Body and Blood. Even though the bread and wine still look the same, they become Jesus through the priest's prayers at Mass. Jesus gave us the Eucharist because He wants to stay close to us and help us grow in love, kindness, and faith. When you see the host lifted up at Mass, remember: Jesus is saying, "I am with you always."



Kid's Corner

PARISH STAFF

Rev. Fr. Eric Asamoah.....freric@stmark-parish.org
Rev. Mr. John Kren.....Acting Pastoral Associate
deacon_john@stmark-parish.org
Sherry Smeland..... Parish Secretary
secretary@stmark-parish.org
Mary-Rachelle Paguiligan.....Bookkeeper
bookkeeper@stmark-parish.org
Mark Smeland.....Music Director
music.director@stmark-parish.org
Vikki IgnacioAssistant Music Director
Brian Gridley.....Facility/IT Coordinator
Renee McCroskey.....Nursery Supervisor
Hank Harzold.....Parish Council Chairman
Tom Smith.....Custodian
William McMican.....Finance Council Chairman

RELIGIOUS FORMATION STAFF

Fe Guzman.....Director of Religious Formation/Youth Minister
Nicole Brimer.....Coordinator of Religious Formation

RELIGIOUS FORMATION OFFICE HOURS

Monday-Thursday 9:00a.m. - 3:00p.m. Sunday 9:00a.m. - 2:00p.m.
Phone: 757-479-9897 • Fax: 757-479-9453; Email: fe@stmark-parish.org