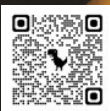
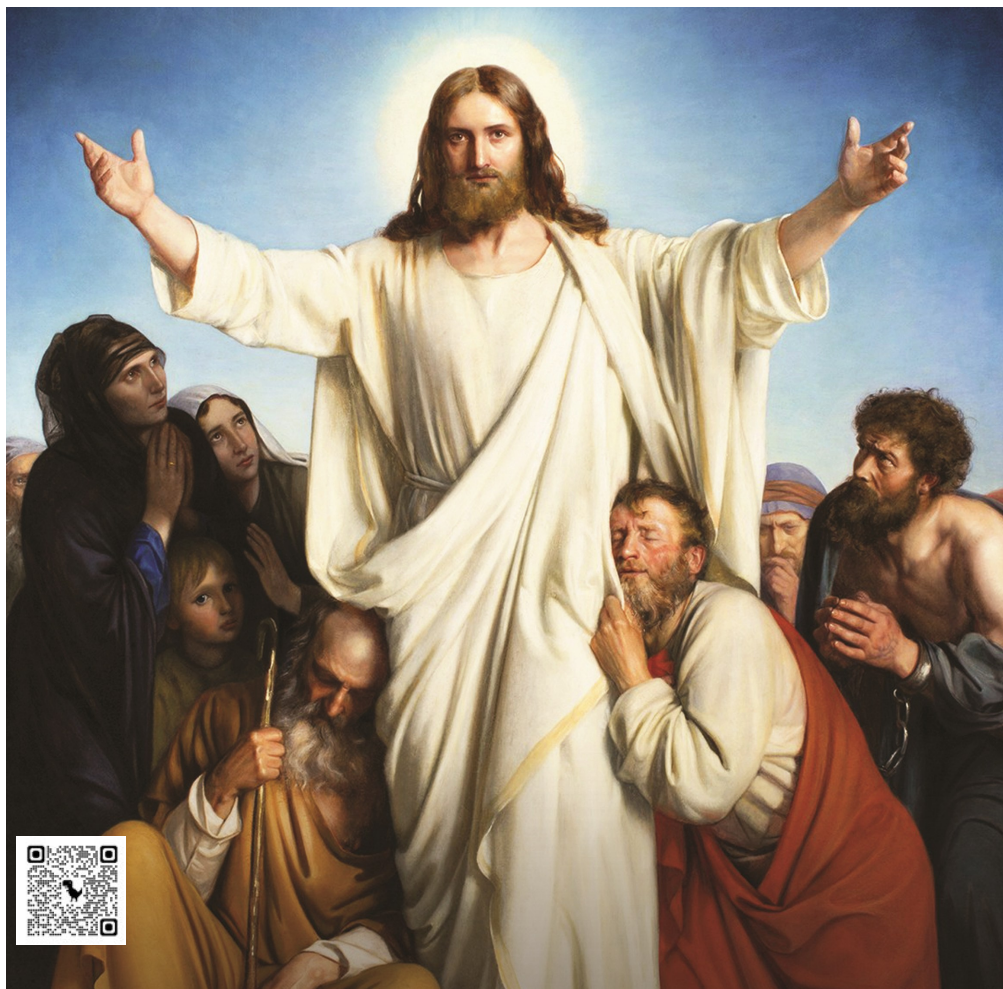




THE CATHOLIC CHURCH OF *Saint Mark*

July 5, 2026 • Fourteenth Sunday in Ordinary Time



14TH SUNDAY IN ORDINARY TIME



"Come to me, all you who labor and are burdened, and I will give you rest." - Mt 11:28

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD.

©LPI

Welcome!

Save these 2026

St. Mark

Pilgrimage Dates!

1. Diocesan Pilgrimage to the Basilica of the National Shrine, Washington, DC on October 24, 2026
2. **St. Mark Pilgrimage: Rome and Assisi Nov. 9th-18th, 2026!**
Join us to commemorate the Jubilee Year of St. Francis of Assisi.



For more details, contact the parish office 757-479-1010 or fe@stmark-parish.org

SCAN



Bulletin Publication date:
6/26/2026

1505 KEMPSVILLE RD., VIRGINIA BEACH, VA 23464

Phone: 757-479-1010 • www.stmark-parish.org

Email: secretary@stmark-parish.org



“Rooted in the Word...”

This Week at Saint Mark June 29th - July 5th, 2026

MONDAY

7:15pm OCIA Christian Formation/CR

TUESDAY

8:30am **Daily Mass**/ Daily Chapel
10:00am Seasons of Hope Grief Group/ Library
2:00pm Daughters of Fatima Prayer Group/ DC
5-8:00pm VBS Craft Night/ Great Hall
6-8:00pm J&P Beach Bag Project/ Great Hall

WEDNESDAY

10-1:00pm Food Pantry/ Great Hall
6:00pm Our Lady of Perpetual Help Novena/ Sanct.
6:30pm Rosary/ Sanctuary
7:00pm **Daily Mass**/ Sanctuary

THURSDAY

6:00am Men of St. Joseph/ Conference Room
8:30am **Daily Mass**/ Daily Chapel
9-11:00am PLARN/ Great Hall
6-8:00pm “AI, The Church and You” Presentation with Dinner/ Great Hall

FRIDAY

6-8:00pm “AI, The Church and You” Presentation with Dinner/ Great Hall

SATURDAY

9-10am Junior Usher Training/ Sanctuary
4:00pm Reconciliation/Daily Chapel
5:30pm **Mass** / Sanctuary
6:45pm Praise and Worship Adoration/ Sanctuary

SUNDAY

8:30am **Mass**/ Sanctuary
10:30am **Mass**/ Sanctuary with Face Book Livestream
11:45am In-person Baptism Class/ Sanctuary
12:00pm Children’s Liturgy Training/Daily Chapel

SACRAMENTS AT ST. MARK

Contact Parish Secretary in the Parish Office to begin the processes of baptism, marriage, or other sacraments.

BAPTISM: Celebrated the 1st weekend of the month except during Holy Week. Requirement: **Families must be registered.** Contact Religious Formation Office for Baptism classes prior to the Sacrament. Confirm Baptism date and time with Parish Secretary after all requirements have been turned in.

MATRIMONY: Couples required to give 6 months notice before planning a wedding in the Parish. Please do not set date before contacting the Priest.

RECONCILIATION: Celebrated 1st and 3rd Saturdays of the month at 4:00 p.m.



Is OCIA for You?

If you are an individual who has not yet been baptized, or if you have been baptized but have not received Eucharist or Confirmation, and you are looking to deepen your faith, we're so glad you're here! OCIA (Order of Christian Initiation for Adults) meets Monday nights. If you are interested in learning more and/or beginning OCIA, please contact the Formation Office(nicole@stmark-parish.org) or the Parish Secretary and a member of the OCIA Team will contact you.

Daily Readings

MONDAY 7/6

Mon. of the 14th Sunday in Ord. Time
Hosea 2:16, 17c-18, 21-22;
Matthew 9:18-26

TUESDAY 7/7

Tues. of the 14th Week in Ord. Time
Hosea 8:4-7, 11-13; Matthew 9:32-38

WEDNESDAY 7/8

Wed. of the 14th Week in Ord. Time
Hosea 10:1-3, 7-8, 12; Matthew 10:1-7

THURSDAY 7/9

Thurs. of the 14th Week in Ord. Time
Hosea 11:1-4, 8e-9; Matthew 10:7-15

FRIDAY 7/10

Fri. of the 14th Week in Ord. Time
Hosea 14:2-10; Matthew 10:16-23

SATURDAY 7/11

Mem. of St. Benedict, Abbott
Isaiah 6:1-8; Matthew 10:24-33

SUNDAY 7/12

Fifteenth Sunday in Ordinary Time
Isaiah 55:10-11; Romans 8:18-23;
Matthew 13:1-23
Manuela Ruiz So †
Guillermo E. Temelo †



Hu Jung Dalton, Chandler Brewer, Charles Sweeney, Helena Kuhnley, William Ruiz, Leonardo Remias, Ron Ferrero, Ruth Ferrero, Joseph Perine, Marie Amella, Fr. Dan Klem, Theresa Muller, Joseph Wargo, Kathy Seddon, Don Coons, Dana Reid, Merla Marcelo, Henrietta Mayr, Creed Clawson, Jayme Oliveira Filho, Louisa Morrison, Dare O’Ravitz, Angie Hudson, Caroline Padilla, Gigliola Kamp-Casto, Erlinda Mariado, Lorraine Stambaugh, Susan Colonna, Lexie Murray, Adriane Pennington, Rosendo Ibanez, Reynaldo Francisco, Jay Davis, Val Kandis

* Prayer Requests may remain in the bulletin for one year.

Please pray for the repose of the soul of the following beloved St. Mark parishioner:

Theresa Schaff

Let perpetual light shine upon her; may she rest in peace! Keep the Schaff family in your prayers.

Samaritan Ministry

Volunteers visit the sick and those unable to get to mass. Training will be provided. If you would like to be a Samaritan Ministry volunteer, or to receive a visit from a Samaritan Ministry volunteer, call Ann Marie Cochran at 757-621-0699.

Mission Statement

Rooted in the Word...Nourished by the Sacraments...Guided by the Holy Spirit...We, the people of St. Mark, are united in our desire to serve those who are in need, to give our gifts and talents...to build the Kingdom of God by imaging Jesus Christ... (Established 1978)

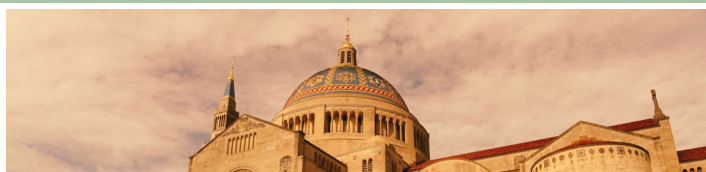
"Nourished by the Sacraments"

A Reflection on Fourteenth Sunday In Ordinary Time From Deacon John Kren

Zachariah wants to get us back on the path with 14th Sunday of ordinary time. "Rejoice heartily Jerusalem your King is coming". Just a couple of Sundays ago, Jesus tells his disciples and us that he has set his face to go toward Jerusalem. The Israelites know what happens when a prophet goes to Jerusalem to fulfill the will of the Father. Prophets go for one thing -- Repent and be saved -- and there is only one outcome. There is a cost to being a disciple.

Last week, we heard the conditions to become followers -- forsake the security of family. The Rewards of being open/receptive, being a Prophet of God's word, being a Righteous person, gains a Righteous reward. The life is to follow God's commandments and live by the law and then simply for the price of a cool sip of water -- heavenly rewards can be guaranteed. If we are willing to accept a life of traveling with Jesus, we can also praise the Father for having sent us a Savior // meek that leads us to the gates of the "City of Peace", Jerusalem. Our Savior seeks to banish chariots and bow, the instruments of war and bring Peace for all nations. This Messiah has dominion from Sea to Sea from the River at the Genesis of humanity to the ends of the earth.

Jesus knows us well. We must leave behind the life we have known, a culture that consumes and constantly calculates the cost of things. The cost of things, might become uppermost in our minds. Good work of the disciple, brings dignity and self-respect and provides for their "daily bread". Those who work in and for the world may labor only for temporal things. They forget to praise God the Father and are yoked to the things that are passing. Jesus says know the cost of what you are doing. Know the true cost. Feel the cost. Jesus is yoked along side. There is help and love from Jesus alongside, shared in a community of disciples -- a yoke that is easy and a burden light -- if we chose to be disciples.



In honor of the 250th anniversary of our Nation, Bishop Knestout invites the faithful of the Catholic Diocese of Richmond to spend the day at the Basilica of the National Shrine of the Immaculate Conception. On Saturday, October 24, 2026, we will entrust the care of our country to the maternal care of Our Lady, Patroness of the Americas. St. Mark will have a bus reserved for parishioners for a fee.



Join thousands of young Catholics from around the world in Seoul, South Korea for a week of prayer, catechesis, and liturgy that reveals the beauty and universality of our faith. Registration is open through August 30, 2026. Contact Fe Guzman in the RF office for details.



Catholic Church of St. Mark FRANCISCAN JUBILEE YEAR

as proclaimed by Pope Leo XIV for the 800th anniversary of the passage of St. Francis of Assisi

PILGRIMAGE

NOVEMBER 9 – 18, 2026

Spiritual Director: Fr. Eric Baffour Asamoah

For more details, contact fe@stmark-parish.org

SAVE THE DATE

Join us for

"AI, The Church and You,
A Review of Pope Leo XIV's first Encyclical"
presented by Seminarian William Yearout

When? July 9th and 10th at 6-8:00pm

Where? St. Mark Great Hall

Dinner is included; attendees must sign up in the Commons

WOMEN of Hope

Praying at all times
in the Spirit
— EPHESIANS 6:18

HOPE
Anchored in
God's Promises

PRAYER
Our Strength,
Our Connection

PURPOSE
Empowered by
the Holy Spirit

St. Mark Catholic Church
Women's Retreat

SEPT 11-12, 2026
AT FOUNDERS INN
CONTACT FORMATION OFFICE FOR MORE
DETAILS 757.479.9897

ANSWER THE CALL BE A CATECHIST

2026-2027

Lord,
Teach us
to pray...

Do you feel a tug on your heart to serve?

Do you love your faith and want to help the next generation grow closer to Christ? Then you may be called to serve as a catechist!

No teaching experience needed – just a willing heart.

We provide all training, support, and materials.
You bring your YES. God does the rest.

Interested? Questions?
Contact: Nicole Brimer
nicole@stmark-parish.org / 757.479.9897

SCAN ME

LITURGY SCHEDULE: Saturday: 5:30pm/ Sunday at 8:30 & 10:30am/ Tuesday and Thursday at 8:30am/ Wednesday at 7:00pm

"Building the Kingdom of God by Imaging Christ"

Justice Peace

For information on our Justice & Peace Ministries visit:
www.stmark-parish.org/ministries/justice-and-peace, or email:
justiceandpeace@stmark-parish.org



Foods of Month July: 19-30 oz. Plastic Jar Grape Jelly/
Individual Tuna/Chicken Salad Snack Kits



Spiritual Adoption/ MONTH SIX: Your spiritually adopted baby is developing quite beautifully now. Her weight is approaching 2 pounds. Babies born prematurely at this time have an incredibly good chance of surviving. The medical advances in caring for extremely small newborn infants are extraordinary indeed. Do not forget to pray for your baby.



SCHOOL SUPPLIES: For the months of July/August we will be collecting school supplies. Please place donations in the marked bin in Great Hall. Supplies will be distributed to children in need within our parish, our Food Pantry guests, Parkland, Indian Lakes, and Tallwood Elementary, Brandon and Salem Middle Schools, and Green Run High School. Our Vacation Bible School (VBS) participants will also be collecting school supplies.

SCHOOL SUPPLY LIST: Pens, Pencils, Spiral Notebooks, Composition Books, Rulers, Glue Sticks, Loose Leaf Paper, 3 Ring Binders (all sizes), Tabbed Dividers, Safety Scissors, Colored Pencils, Highlighters, Pocket Folders, Erasers, Crayons, Tissues, Back Packs. *This list is not inclusive please feel free to include other items you know that may be needed. Lists are also available on the Justice & Peace table and website.

If you are a parishioner or know of a parishioner who is in need of school supplies, contact justiceandpeace@stmark-parish.org



Respecting Life: Did you Know? Some incredibly influential people in our world were almost aborted!

Civil Rights activist **Jesse Jackson** was conceived out of statutory rape. The civil rights activist was born in South Carolina to Helen Burns, then a 16-year-old student; pressured to abort him, but she decided to keep the baby. **Vote no November 3rd** stop the extreme abortion amendment, for additional information and resources visit vacatholic.org/Amendment.

Parish Life

"I am the vine, you are the branches."

• Sunday, July 26th is Catholic Grandparents' Day. Parish Life is having a fun competition for all Grandparents. Grandparents can record their Number of grandchildren and great-grandchildren On the sign up sheet at the Parish Life table. Top five grandparents with the most grandchildren and great-grandchildren will be published in the bulletin.

• This summer we will have another Multicultural Night to celebrate the new kitchen. The date has yet to be determined. Check the bulletin for more details.

• The Anniversary Booklet on the Parish Life table has been updated. Couples may enter their anniversaries if they have not yet done so.



Congratulations to Renee Bowman, the winner of the MARKed Generation Youth Group Father's Day Raffle! In a wonderful gesture of generosity, Renee donated her prize- a Stihl Garden Trimmer- to our Building and Grounds Maintenance Team. We are grateful for her kindness and for the support of everyone who participated in the raffle. Thanks to everyone for supporting our youth group and helping to strengthen our community!

Fr. Eric drew the winning raffle ticket on Father's Day, July 21st (pictured above) and Addy Brimer represented the MARKed Generation Youth Group donating the prize to Jim Waltz, Coordinator of the Building and Grounds Committee.

Safe Restroom Use by Children

In compliance with Office of Safe Environment requirements, children under the age of 12 should be accompanied by an adult when using restroom facilities. Thank you for your cooperation!

Children's LITURGY TRAINING!

JULY 12TH ~ 12P

We're looking for enthusiastic volunteers to help bring our Children's Liturgy to life! No experience? No problem! We'll provide all the training you need.

contact Nicole for more information
nicole@stmark-parish.org



Parish Office Hours: Sunday-Thursday: 9:00am – 1:00pm

Announcements/ Giving/ Contact Information



Kitchen Renovation Update:

The plastic curtain hiding the kitchen renovation mess disappeared last week! Kitchen appliances were installed this week, partially pictured above. All remaining tasks include shelving adjustments and a "punch list" of additional minor adjustments and clean-up before this much needed kitchen renovation project is complete! Thanks so much to St. Mark parishioners for your wonderful generosity to this project!



If you currently do not give online, but would like to be an online contributor, please sign up at: giving.parishsoft.com/app/giving/stmarkvb or donate on the Parish Giving QR code.

For more details or to donate, contact Parish Bookkeeper, Rachelle Paguiligan, at bookkeeper@stmark-parish.org or call the parish office at 757-749-1010.



Fiscal Year July-June	June 07	Needed Year to Date New Fiscal Year	Offertory Year to Date	Excess/ (Short)
Offertory	\$16,838	\$992,500	\$984,343	(\$8,157)

Family Count: 870

Families using envelopes: 238

Families using online donation: 180

Catholic Church of St. Mark Religious Formation Program

2026 - 2027
Lord,
Teach us
to pray...



REGISTRATION NOW OPEN >>>
TAKE ADVANTAGE OF OUR EARLY BIRD SPECIAL, JUNE 1-JUNE 30



St. MARK
July 20-24
9a-12p

RAINFOREST FALLS

VBS is for rising Kindergarten through rising 5th Grade.

\$40 / 1 Child
\$70 / 2 Children
\$100 / 3+ Children

Fun SAINT Facts!

Pier Giorgio Frassati was a young man who loved hiking, praying, and helping people in need. He believed life should always be lived "Verso l'alto!" - "To the heights!"

He often gave food, money, and time to those who were poor or sick, even while balancing school and friendships. Pier Giorgio shows us that holiness isn't just for adults, kids and teens can be saints too by loving God and others every day.

Challenge of the Week! Do one hidden act of kindness for someone in your family or friends.



Kid's Corner

PARISH STAFF

Rev. Fr. Eric Asamoah.....freric@stmark-parish.org
 Rev. Mr. John Kren.....Acting Pastoral Associate
deacon_john@stmark-parish.org
 Sherry Smeland.....Parish Secretary
secretary@stmark-parish.org
 Mary-Rachelle Paguiligan.....Bookkeeper
bookkeeper@stmark-parish.org
 Mark Smeland.....Music Director
music.director@stmark-parish.org
 Vikki IgnacioAssistant Music Director
 Brian Gridley.....Facility/IT Coordinator
 Renee McCroskey.....Nursery Supervisor
 Hank Harzold.....Parish Council Chairman
 Tom SmithCustodian
 William McMican.....Finance Council Chairman

RELIGIOUS FORMATION STAFF

Fe Guzman.....Director of Religious Formation/Youth Minister
 Nicole Brimer.....Coordinator of Religious Formation

RELIGIOUS FORMATION OFFICE HOURS

Monday-Thursday 9:00a.m. – 3:00p.m. Sunday 9:00a.m. - 2:00p.m.
 Phone: 757-479-9897 • Fax: 757-479-9453; Email: fe@stmark-parish.org