



THE CATHOLIC CHURCH OF *Saint Mark*

Aug 2, 2026 • Eighteenth Sunday in Ordinary Time



E- Giving



Welcome!

Save these 2026

St. Mark

Pilgrimage Dates!

1. **Diocesan Pilgrimage to the Basilica of the National Shrine, Washington, DC on October 24, 2026.** Sign up in the Commons!
2. **St. Mark Pilgrimage: Rome and Assisi Nov. 9th-18th, 2026!** Pray for those attending the this pilgrimage to commemorate the Franciscan Jubilee Year Proclaimed by Pope Leo XIV.

18TH SUNDAY IN ORDINARY TIME

He said the blessing, broke the loaves, and gave them to the disciples, who in turn gave them to the crowds. They all ate and were satisfied. - Mt 14:19c-20

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD.

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“Rooted in the Word...”

This Week at Saint Mark August 3– August 9, 2026

MONDAY

7:00pm OCIA Team Meeting/CR

TUESDAY

8:30am **Daily Mass/** Daily Chapel
10:00am Seasons of Hope Grief Group/Library
2:00pm Daughters of Fatima Prayer Group/DC
7:00pm Liturgy Committee Meeting/CR

WEDNESDAY

10-1:00pm Food Pantry/ Great Hall
6:00pm Our Lady of Perpetual Help Nov/ S.
6:30pm Rosary/ Sanctuary
7:00pm **Daily Mass/** Sanctuary

THURSDAY

6:00am Men of St. Joseph/ Great Hall
8:30am **Daily Mass/** Daily Chapel
9-11:00am PLARN/ Great Hall
9-6:00pm Adoration/ Sanctuary
6:15pm Evening Prayer, Benediction/ Sanct.

FRIDAY

7:00pm First Friday Rosary/ Daily Chapel

SATURDAY

5:30pm **Mass/** Sanctuary

SUNDAY

8:30am **Mass/** Sanctuary
10:30am **Mass/** Sanctuary with Face Book Livestream

Daily Readings

Aug. 3: Monday of the 18th Week in Ord. Time
Jeremiah 28:1-17; Matthew 14:22-36

Aug. 4: Mem. of St. John Vianney, Priest
Jeremiah 30:1-2, 12-15, 18-22;
Matthew 14:22-36
Emerson Fulling †

Aug. 5: Tuesday of the 18th Week in Ord. Time
Jeremiah 31:1-7; Matthew 15:21-28
Marvin Peralta †,

Aug. 6: Feast of the Transfiguration of the Lord
Daniel 7:9-10, 13-14; 2 Peter 1:16-19;
Lennie F. Torres †
Matthew 17:1-9

Aug. 7: Friday of the 18th Week in Ord. Time
Nahum 2:1, 3; 3:1-3, 6-7; Matthew 16:24-28

Aug. 8: Mem. of St. Dominic, Priest
Habakkuk 1:12—2:4; Matthew 17:14-20
Rowena Peterson†, Antionette Franceschi †,
Gillian Morse Bauer †

Aug. 9: 19th Sunday in Ordinary Time
1 Kings 19:9a, 11-13a; Romans 9:1-5;
Matthew 14:22-33
Frances Criselda Delos Reyes †,
Lilia Lontok Piega †

SACRAMENTS AT ST. MARK

Contact Parish Secretary in the Parish Office to begin the processes of baptism, marriage, or other sacraments.

BAPTISM: Celebrated the 1st weekend of the month except during Holy Week. Requirement: **Families must be registered.** Contact Religious Formation Office for Baptism classes prior to the Sacrament. Confirm Baptism date and time with Parish Secretary after all requirements have been turned in.

MATRIMONY: Couples required to give 6 months notice before planning a wedding in the Parish. Please do not set date before contacting the Priest.

RECONCILIATION: Celebrated 1st and 3rd Saturdays of the month at 4:00 p.m.

Mission Statement: Rooted in the Word...Nourished by the Sacraments...Guided by the Holy Spirit...We, the people of St. Mark, are united in our desire to serve those who are in need, to give our gifts and talents...to build the Kingdom of God by imaging Jesus Christ. (Established 1978)

To learn more about our parish, visit our website at: stmark.parish.org or visit: <https://www.facebook.com/CatholicChurchOfStMark>



Rebecca Probst, Debra Gordon, Hu Jung Dalton, Chandler Brewer, Charles Sweeney, William Ruiz, Leonardo Remias, Ron Ferrero, Ruth Ferrero, Joseph Perine, Marie Amella, Fr. Dan Klem, Theresa Muller, Joseph Wargo, Kathy Seddon, Don Coons, Dana Reid, Merla Marcelo, Henrietta Mayr, Creed Clawson, Jayme Oliveira Filho, Louisa Morrison, Dare O’Ravitz, Angie Hudson, Caroline Padilla, Gigliola Kamp-Casto, Erlinda Mariado, Lorraine Stambaugh, Susan Colonna, Lexie Murray, Rosendo Ibanez, Reynaldo Francisco, Val Kandis

* Prayer Requests may remain in the bulletin for one year.

Samaritan Ministry

Volunteers visit the sick and those unable to get to mass. Training will be provided. If you would like to be a Samaritan Ministry volunteer, or to receive a visit from a Samaritan Ministry volunteer, call Ann Marie Cochran at 757-621-0699 for more details.

“Nourished by the Sacraments”

A Reflection on Eighteenth Sunday In Ordinary Time From Deacon John J. Kren

Last week, we heard of the kingdom of God, a pearl of great price, a treasure found in a field. We were asked to go through our houses, our lives bringing forth both the old and the new, the Law of Moses and the new covenant of Jesus. This weekend, the signs become more ominous for Jesus with the death of John the Baptist. Jesus' time draws near. The people pursued Jesus, they came up the mountain, seated in a grassy field, comfortable, picturesque overlooking the Sea of Galilee. Jesus says feed them yourselves. A boy offers up his meager bag -- five loaves and two fish. Jesus takes these simple things offers -- taken -- blest -- broken and given back. In Mass, we come with our simple gifts of bread and wine, work of human hands. Our gifts representing ourselves -- offered -- blest -- broken -- a new life given back, a new, everlasting covenant.

We are filled beyond belief with Jesus' promise to be with us always. The Lord says, “All

have no money, come, receive grain and eat; Come, without paying and without cost, drink wine and milk!”. A love always fresh, always new.

The Mass is this supreme act of sacrifice. In the Mass, Jesus is here, in a Real Presence, as we gather, ‘where two or more are gathered, I am with you’. Jesus is here in that Real Presence when the Words of the Gospel and the Readings are proclaimed. The Readings telling us of a God that is always here, now, always merciful, always forgiving.

In Communion, we receive our Savior. As we go forth from Mass, our work begins, our life in Christ starts. Sent forward with our simple gifts, our time, treasure, and talents to be workers in the vineyard. He put us where He needs us to be. As small as we think our gifts are, Jesus knows what He wants to do. We cannot be separated from the love of Christ. In all things we conquer overwhelmingly.



VBS Was a Huge Success!

We are so grateful for a parish community that comes together to help our children encounter Christ through Vacation Bible School. Much thanks to each of the many wonderful volunteers who worked together to make St. Mark's “Rainforest Falls” VBS, a fantastic jungle backdrop where youngsters learned more about Jesus, and God's love. Thank you for your kindness and support. What a blessing!

LITURGY SCHEDULE: Saturday: 5:30pm/ Sunday at 8:30 & 10:30am/ Tuesday and Thursday at 8:30am/ Wednesday at 7:00pm

"Building the Kingdom of God by Imaging Christ"

Justice Peace

For information on our Justice & Peace Ministries visit: www.stmark-parish.org/ministries/justice-and-peace, or email: justiceandpeace@stmark-parish.org

 **Foods of Month August:** 15-18oz. Creamy Peanut Butter/ Snack Pack Cookies/Crackers



Spiritual Adoption/ MONTH SEVEN:

We are in the home stretch with our spiritually adopted baby. At the beginning of this month, the baby uses all four senses. They can see, hear, taste, touch, cough, yawn, and hiccup. They now recognize their mother's voice. During this time, they will also receive antibodies from their mother protecting them from a wide variety of diseases.



School Supplies: We continue to collect school supplies. Please place donations in marked bin in Great Hall next to Justice & Peace Table by **August 17th**. If you are a parishioner or know of a parishioner who is in need contact justiceandpeace@stmark-parish.org know of a parishioner who is in need contact justiceandpeace@stmark-parish.org

Respecting Life: Help Stop the Extreme Abortion Amendment

The Amendment:

- Let's the government remove parents from critical healthcare decisions involving their children.
- Fails to require care for babies born alive after an attempted abortion, allowing them to be left to die without life-saving treatment; and
- Adds no new protection for Women's health- Virginia law already safeguards care for miscarriage, ectopic pregnancy, and serious medical complications.

This is an Extreme, Risky and Deadly Amendment that puts Women's Health and Safety at Risk!

Learn more at: [Stop the Extreme Abortion Amendment](#) | [Virginia Catholic Conference](#)



Parish Life

"I am the vine, you are the branches."

• **The Anniversary Booklet** on the Parish Life table has been updated. Couples may enter their anniversaries if they have not yet done so.

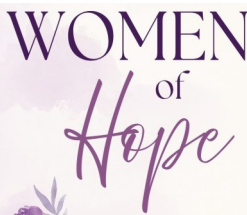
• **Happy Anniversary to the following St. Mark parishioners celebrating an August wedding anniversary this week!**

Bautista and Janice - Aug. 2, 2008 (18 yrs)
Brian and Ricky Jean Lynch - Aug. 3, 1991 (35 yrs)
Mel and Gina Yalung - Aug. 4, 1973 (53 yrs)
Harry and Debbie Morgan- Aug. 5, 1978 (48 yrs)
James and Carol Donnelly - Aug. 7, 1999 (27 years)
Mike and Maryellen Shivok - Aug. 8, 1986 (40 yrs)

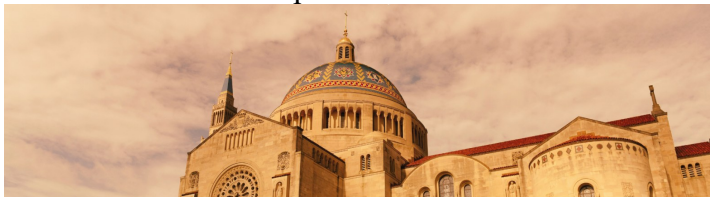
• **Catholic Grandparents' Day: Most Grandchildren Competition** (from those who signed up at the Parish Life table.)

Many blessings to all Grandparents and to those who are grandparents in their hearts!
Bette Thomas: **24** Grandchildren and **33** Great Grandchildren

Patricia Winner: **14** Grandchildren
Nelson & Ellen Menes: **13** Grandchildren
Susan & Bob Deml: **9** Grandchildren
Linda & Jerry Major: **9** Grandchildren
Jill & Jim Trail: **9** Grandchildren



Please pray for those attending the St. Mark Women of Hope Women's Retreat September 11-12 at Founders Inn. May they be blessed as they learn more about "Praying at all times in the Spirit".



In honor of the 250th anniversary of our Nation, Bishop Knestout invites the faithful of the Catholic Diocese of Richmond to spend the day at the Basilica of the National Shrine of the Immaculate Conception. On Saturday, October 24, 2026, we will entrust the care of our country to the maternal care of Our Lady, Patroness of the Americas. St. Mark will have a bus reserved for parishioners for a fee.

Announcements/ Giving/ Contact Information



2026 Annual Diocesan Appeal: *Sharing His Love with Others*

A Message from Fr. Eric Asamoah

Did you know that when you support the Annual Diocesan Appeal, it strengthens Catholic communities by...

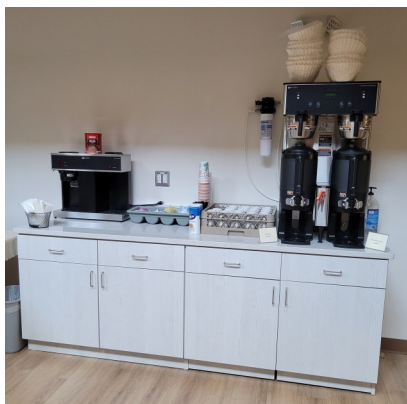
- Developing lay catechetical leaders by building theological understanding, shaping pastoral skills, and strengthening Catholic identity.
- Providing intercultural opportunities for our ethnic communities such as Masses, retreats, and pilgrimages.
- Defraying the cost of providing ongoing professional, spiritual, and theological formation for our priests.

To learn more about the 21 different ways the Appeal supports our parishes and larger Catholic Church, please visit richmondcatholicfoundation.org/giving/annual-diocesan-appeal/.



Kitchen Renovation Update:

St. Mark's newly renovated kitchen and coffee station seen below are now complete and ready for Fr. Eric's blessing this weekend as we celebrate Seminarian William Yearout's time with us with a Multi-cultural Night following Saturday night mass and a pancake breakfast following Sunday morning Masses. Thanks so much to St. Mark parishioners and volunteers for your wonderful generosity to this project!

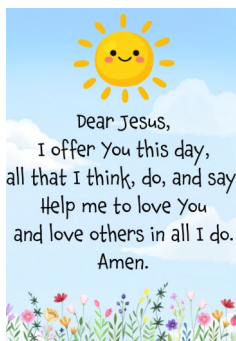


Kid's Corner

What If....

One simple prayer could change your whole day?

You can give your whole day to Jesus before it even begins. The **Morning Offering** is a special prayer that asks Jesus to use everything you do (your work, play, joys, and even your struggles) for His glory. When you start your day with this prayer, you're inviting Jesus to walk with you wherever you go!



If you currently do not give online, but would like to be an online contributor, please sign up at giving.parishsoft.com/app/giving/stmarkvb or donate on the Parish Giving QR code. For more details or to donate, contact Parish Bookkeeper, Rachelle Paguiligan, at bookkeeper@stmark-parish.org or call the parish office at 757-749-1010.

Fiscal Year July-June	July 19	Needed Year to Date New Fiscal Year	Offertory Year to Date	Excess/(Short)
Offertory	\$19,469	\$57,600	\$56,423	(\$1,177)

Family Count: 884

Families using envelopes: 167

Families using online donation: 191

Catholic Church of St. Mark Religious Formation Program

2026 - 2027

Lord, Teach us to pray...

REGISTRATION NOW OPEN >>>
TAKE ADVANTAGE OF OUR EARLY BIRD SPECIAL, JUNE 1-JUNE 30

SCAN HERE

PARISH STAFF

Rev. Fr. Eric Asamoah.....	freric@stmark-parish.org
Rev. Mr. John Kren.....	Acting Pastoral Associate
	deacon_john@stmark-parish.org
Sherry Smeland.....	Parish Secretary
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Mary-Rachelle Paguiligan.....	Bookkeeper
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Mark Smeland.....	Music Director
	music.director@stmark-parish.org
Vikki Ignacio	Assistant Music Director
Brian Gridley.....	Facility/IT Coordinator
Renee McCroskey.....	Nursery Supervisor
Hank Harzold.....	Parish Council Chairman
Tom Smith	Custodian
William McMican.....	Finance Council Chairman

RELIGIOUS FORMATION STAFF

Fe Guzman.....	Director of Religious Formation/Youth Minister
Nicole Brimer.....	Coordinator of Religious Formation

RELIGIOUS FORMATION OFFICE HOURS

Monday-Thursday 9:00a.m. - 3:00p.m. Sunday 9:00a.m. - 2:00p.m.
Phone: 757-479-9897 • Fax: 757-479-9453; Email: fe@stmark-parish.org